2023 SOUTHEAST ALCA CONFERENCE

EMPOWERING EXCELLENCE TOGETHER

NOVEMBER 3-5, 2023

HAMPTON INN AND SUITES, BRIER CREEK
8021 ARCO CORPORATE DR
RALEIGH, NC 27617
SE Chapter Conference Schedule

**November 3, 2023**
2:00 pm - Welcome and Recognition of Sponsors

2:30pm-3:15pm - Client's Carla H. and Terry S. share their Journey Through Dementia, Loss, and Finding Love Again

3:30pm-5:00pm - Fe Anam Avis and Karen Wolfrom Understanding and Caring for Estranged Parents

5:00pm-7:30 pm - DJ, Drinks and Delightful Networking with Appetizers (Cash Bar)

**November 4, 2023**
7:00am-8:00am - Breakfast/Expo

8:15am-8:30am - Opening and Announcements

8:30am-9:45am - DeLon Canterbury Deprescribing - How You Can Stop Harmful Medication Use in Older Adults

9:45am-10:15am - Break/Expo

10:15am-11:30am - Amanda Bulgarelli Creating a Person-Centered Dementia Care Organization While Still Meeting Regulations

11:30 am-1:00pm - Lunch and SE Chapter Annual Business Meeting

1:00pm-1:30pm - Break/Expo

1:30pm-2:30pm - Kimberly Baradei Dysphagia Basics

2:30-3:30pm - Dr. Pam Perkins Normal Pressure Hydrocephalus

3:30pm-4:00pm - Break/Expo

4:00 pm-5:00 pm - Jennie Griggs - Wellness Beyond Walls: How to Engage Your Clients in Creative Programming, Addressing All Domains of Wellness

5:30pm - Raleigh Dine Arounds

**November 5, 2023**
7:30 - 8:15 am - Breakfast

8:30am-10:30am - Silberman, Palmore, Winstead Social Work Panel - Are Your Ethics In Check?

10:30am-11:00am - Evaluations, Group Photos, and Closing
Our Distinguished Speakers
November 3-5, 2023

Fe Anam Avis, PEAK Support Network

Kimberly Baradei, Elevate Speech Services

Amanda Bulgarelli, Positive Approach to Care

DeLon Canterbury, GeriatRX

Jennie Griggs, Resources for Seniors

Cynthia Palmore, Aging Angels Consultants

Dr. Pamela Perkins, Perkins Counseling and Psychological Services

Bonnie Noble Silberman, Geriatric Resource Services

Mary Winstead, Aging Care Consultants

Karen Wolfrom, Holistic Elder Services

Carla and Terry
Thank You to our Sponsors!