



For Immediate Release

NAPGCM Supports Family Caregivers Needing Respite Time

Tucson, AZ – (August 31, 2011) Everyone needs to take time for themselves once in awhile, and family caregivers in particular have to take a break from the daily demands of caring for an older adult parent or spouse. Yet caregivers are often reluctant to undertake those much-needed getaways, for fear that their loved one will have a crisis while they are out-of-town. Professional Geriatric Care Managers provide assurance to families so that they can take a trip without worrying about Mom or Dad.

Professional geriatric care managers can help family caregivers who need a break. The National Association of Professional Geriatric Care Managers (www.caremanager.org) has experts and resources available for guiding the public about addressing the needs of family caregivers and older adults.

To find a Geriatric Care Manager in your area you may visit www.caremanager.org. The button “Find a Care Manager” provides an easy to use web directory; which allows you to find a care manager near you based on your zip code or city.

About NAPGCM

The National Association of Professional Geriatric Care Managers (NAPGCM) was formed in 1985 to advance dignified care for older adults and their families. Geriatric Care Managers are professionals who have extensive training and experience working with older people, people with disabilities and families who need assistance with caregiving issues. They assist older adults who wish to remain in their homes, or can help families in the search for a suitable nursing home placement or extended care if the need occurs. The practice of geriatric care management and the role of care providers have captured a national spotlight, as generations of Baby Boomers age in the United States and abroad. For more information please visit www.caremanager.org

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