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**Special
Double Issue**
*Sifting Through
the Resources:
A Guide for
Geriatric Care
Managers*

Sifting Through the Resources: A Guide for Geriatric Care Managers

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Introduction

Acknowledgements

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Introduction from the Authors

As a busy professional you have no doubt been faced with the task of locating resources and information for your clients and your practice. Sometimes, problem-solving with limited resources can be frustrating. However, if you're like us, you too have spent time wading through the endless sea of information and resources available in print and online, only to come back feeling exhausted, burnt out, and overwhelmed. This issue of the *Geriatric Care Management Journal*, is meant to make that sea smaller, more manageable, and less intimidating for you to traverse.

In doing so, we have located and compressed some of the major geriatric resources throughout the country, even internationally, and present them organized by relevant topical issue. The resources presented herein are meant to compliment the information available to you locally; nothing can truly substitute for knowing your community. In addition, these resources provide an opportunity for professional development, allowing you to expand your skills as well as explore new directions in your practice through connections with other agencies.

How to Use This Issue

The article entitled *Developing Information Literacy* outlines the best way to locate information within websites and printed publications. The first topical chapter, *Key Re-*

sources, is your first stop along the way in resource location. The agencies listed in this particular chapter have a wealth of information and resources surrounding many different topics and issues. Additional chapters are organized by topic-specific resources and provide a listing of some of the well known publications, agencies, and websites about a given topic. As you peruse these chapters keep in mind that though we have selected particular resources for inclusion in this special issue, this should in no way imply endorsement of these publications, audiovisuals, and organizations. Always make sure you research the validity and reliability of information presented. Ask yourself if the source of information seems legitimate. Does the information presented fit with what you know to be accurate? Use these resources as starting points for

learning more about an issue, problem, or subject area. Because information is continually changing and updating, it's best to check each resource periodically for any new developments.

Finally, remember one of your best sources of information can be other information seekers. The new information age has broadened all of our horizons. Chances are, someone you know may have an idea, information, or answer to the problem facing you and your clients. We are constantly being informed about new resources through professional exchanges, listserves, task forces, on-line resources, conferences, and the like. Network through both local and national sources—you may find the newest information, ideas, and resources about just what you are looking for.



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Developing Information Literacy: Your Guide to Surfing, Browsing, and Research

Living in an “information age” requires skill, attention to detail, and a discerning eye. In a time when data, facts, and literature are clicks away, searching out reliable and high quality information can be a difficult task. In order to best use the information and resources presented here in this journal as well as effectively search out your own resources, and information we have organized some suggestions for evaluating the information and research that you find in along the way.

Internet

One of the easiest methods of locating information and literature is through searching via the internet using search engines (see side box) that locate information by keyword or phrase. Research presented online, while still in its infancy, is being viewed as an increasingly acceptable means of finding more information about a particular topic. However, once you find webpages and online documents how you can you tell that these documents are reputable? Here are some guidelines to consider.

University-Based Documents- Dot Edu (.edu) Websites

Universities and colleges often post articles and websites that might be of interest to you as a professional. These documents are usually readily discernable by the presence of the “edu” suffix within the page address. While university institution-based sites are primarily educational in nature, the ivory tower, like many other organizations, should be held up to a scrutinizing lens. Become acquainted with the quality of work this institution is known for and evaluate these websites against that context.

Government-Based Documents- Dot Gov (.gov) Websites

Government documents tend to be viewed as highly reliable sources for information. First of all, research commissioned by government entities often requires rigorous standards be adhered to in the collection of data. Web-based government documents offer a wealth of information about government programs as well as statistics compiled through government-funded research. Secondly, the government offers numerous grant opportunities, for which you may, at one point or another, consider applying. Depending on the government agency, you may be able to search their website for details about similar research they have funded in the past.

Dot Com (.com) and Dot Org (.org) Websites

Websites ending in “.com” most often indicates that this is a website for a for-profit agency or organization. Not all “.com” sites represent for profit organizations. Some websites may in fact be personal webpages, internet diaries, blogs, and listserves that people set create up on the internet for their own interests. Even if the author sounds well informed on an issue, be wary of including that person’s website or webpage in your search. Readings from these sites are often more valuable for entertainment than for learning more about a topic. Also, while the information presented on these sites may be factual, be cognizant that these organizations or people usually have a motive or a slant behind the information they present. Not all “.com” sites represent for-profit entities. Examine the

website closely and determine the reliability of this source and learn more about the background of the organization.

Dot org (.org) websites on the other hand, typically represent websites for nonprofit entities and groups. Again, the information presented on these sites should be examined with caution. However, keep in mind that there are some organizations within this category that are well known for their knowledge or expertise in a subject area such as the Alzheimer’s Association (www.alz.org) or the American Association of Retired Persons (www.aarp.org).

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Popular search engines:

Alta vista

<http://www.altavista.com>

Excite

<http://www.excite.com>

Google

<http://www.google.com>

HotBot

<http://www.hotbot.com>

Infomine

<http://infomine.ucr.edu>

Lycos

<http://www.lycos.com>

Web Crawler

<http://www.webcrawler.com>

Source:

Rodrigues & Rodrigues (2003)

Developing Information Literacy: Your Guide to Surfing, Browsing, and Research

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The following are some critical questions to consider when evaluating information found through the World Wide Web:

- Is the author listed? If so, is the author regarded as an authority in this area of research?
- Is the University/government body/company/organization well known for its research or knowledge in this topic area?
- Are citations given for factual claims?
- If not, can sources be tracked down and verified? This may require contacting the author of the document but well worth the hassle if the information is going to be used for grant writing, research proposals, and incorporation into practice.
- How current is the information presented on this site? To answer this question search the pages for a "last updated" date or any other date indicating the age of the content presented.
- Is the document thoroughly edited or is it rife with errors and sloppy grammar? This will often indicate the quality of the research being presented.
- Is there a tilde (~) in the webpage address? If so, you may be viewing someone's personal webpage rather than an organization-based webpage. Such webpages often contain information based on one's personal views.

Source: *Rodrigues & Rodrigues (2003)*

Online Databases: Your Source for Magazines, Abstracts, and Full Text Journal Articles

A remarkable amount of published information is available in

online databases. Usually available through subscription, these database collections allow you to search articles by author, keyword, subject, or date and source of publication. Often the entire article has been scanned and stored electronically, enabling you to read it just as if you had the hardcopy in hand. Many times your local public library will have access to these databases, either through their website or via computers on location. You will most likely be asked to enter your library card number or bar code to access the services. Popular databases include the EBSCOHost Database Collection, PsycINFO, Education Resources Information Center (ERIC), Science Direct, and more. Some databases are available free of charge on the web, including PubMed, available at <http://www.ncbi.nlm.nih.gov>, sponsored by the NIH's National Center for Biotechnology Information, and AgeLine, found at <http://research.aarp.org/ageline/home.html>, AARP's extensive collection of aging related articles. Your local reference librarian can assist you in learning to search an online database efficiently.

Peer Reviewed Journals

Peer reviewed journals (also called refereed journals) tend to garner considerable respect within the academic and research world. These sources are of higher quality than other sources listed here because of the rigorous standards to which an article is held before being accepted for submission to these journals. An article found in a peer reviewed journal has made its way through a review by professionals within the field as well as the scrutiny of an editorial board of scholars (Glicken, 2003).

Magazine and Newspaper Articles

Highly regarded magazines and newspapers like *Newsweek*, *Time*, and *New York Times* sources offer a quick fix for finding information. However, it is often best to interpret

articles with caution. As Glicken (2003) suggests, reporters are not often trained in the specific disciplines on which they are reporting and often these writers and reporters are more apt to misinterpret the academic literature. Instead of using articles as a primary source of information, use them as a starting point for researching further into a topic. From article contents, you may be able to locate names of researchers and projects that interest you and use these items to search out and locate the original source material.

Books: For-Profit Publishers and Academic Publishers

Both for-profit and academic publishers produce high quality books for consumption by researchers and professionals. However, there are also some fundamental differences between the types of books that come from these two entities. First of all, books produced by academic publishers tend to be written and reviewed with a smaller select group of consumers in mind. As such, these books tend to target professionals and researchers looking for more scholarly type publications. Many for-profit publishers solicit feedback on book proposals from scholars in the field and many times the final product will reflect the suggestions of that group of professionals. While the literature published in these books may be somewhat less scholarly than books published by an academic press, depending on your needs, the content in both types of books should provide solid information to you (Glicken, 2003).

References

Glicken, M. D. *Social research: A simple guide*. Boston: Allyn and Bacon, 2003.

Rodrigues, D., & Rodrigues, R. J. *The research paper: A guide to library and internet research* (3rd ed.). Upper Saddle River, NJ: Prentice Hall, 2003.

Key Resources

The following list is comprised of key resources with which to become familiar. These organizations, agencies, and websites provide information and assistance in a variety of areas, many of which are covered in the topic chapters we have provided for this issue. Become acquainted with these resources, if you have not already, and visit them often to stay in touch with the latest information and happenings in the field. These resources can often serve as your “one-stop shopping” for any interests and topics you may be exploring.

IN THIS CHAPTER

• General Resources

Key Resources: Agencies and Organizations

National Institutes of Health (NIH), U.S. Department of Health and Human Service

The National Institutes of Health are the federal medical research institutes that investigate ways to cure, prevent, detect and diagnose disease and disability through research. Website provides information for researchers and the public with information on various health topics.

National Institutes of Health
Building 1
1 Center Drive
Bethesda, MD 20892
Phone: (301) 496-4000
NIH's toll free hotline on aging topics: 1-800-222-2225
Website: www.nih.gov

U.S. Administration on Aging (AoA)

The US Administration on Aging is one of the largest providers of home and community based care. Created by the Older Americans Act of 1965, AoA is part of the National Network on Aging that includes federal, state, tribal, and local partnerships designed to serve older adults and their families. Visit AoA for a variety of

information, including the Eldercare Locator Service, Alzheimer's Resource Room, Caregiving Resource Room, disaster assistance, elder rights, housing, nutrition, services, and more. The AoA website provides information related to aging including health related topics and information for older adults.

Administration on Aging
330 Independence Avenue, SW
Washington, DC 20201
Phone: (202) 619-0724
Website: www.aoa.gov

Alliance for Aging Research

The Alliance for Aging Research is a citizen advocacy group that engages in research and dissemination of research findings regarding aging topics. The Alliance provides information on current research conducted across the country in addition to advocating for aging research, policy and training that will promote the health and independence of all older adults. The Alliance serves as a clearinghouse on aging information and also organizes that information into educational programs and campaigns for the public.

Alliance for Aging Research
2021 K Street NW, Suite 305
Washington, DC 20006
Phone: (202) 293-2856
Website: www.agingresearch.org

National Council on Aging (NCOA)

This council is comprised of national organizations and individuals who work together to promote older adult health and independence. NCOA develops new knowledge, creates programs and services from existing knowledge, develops consumer support tools for older adults, fosters public-private partnerships, and advocates on a national level to promote the council's goals and mission.

NCOA Headquarters
300 D Street, SW
Suite 801
Washington, DC 20024
Phone: (202) 479-1200
TDD: (202) 479-6674
Website: www.ncoa.org

American Association of Retired Persons (AARP)

AARP provides information pertaining to housing and independent living for older Americans, their family, friends and caregivers. AARP is also well known for its local and national advocacy efforts and policymaking research. Research information is available from their Independent Living Research Center. AARP's AgeLine database is a useful tool designed to help consumers and providers locate books and articles on various topics.

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Key Resources

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AARP
601 E. Street NW
Washington, DC 20049
Phone: 1-888-687-2277
Website: www.aarp.org

Key Resources: Audiovisual Resources

Terra Nova Films

Terra Nova has many films related to aging and mental health. Some of the topics covered include depression, Alzheimer's, substance abuse, grieving, life transitions and more.

Terra Nova Films, Inc.
9848 South Winchester Avenue
Chicago, IL 60643
Phone: 1-800-779-8491
Website: www.terranova.org

Aquarius Healthcare Videos

This company offers videos on various health and mental health topics both in general and as they relate to older adults.

Aquarius Health Care Videos
18 North Main Street
Sherborn, MA 01770
Phone: 1-800-440-2963
Website:
www.aquariusproductions.com

Fanlight Productions

Fanlight Productions is a distributor of films on important social issues such as healthcare, mental health, aging and gerontology, professional ethics, the workplace, gender and family issues and disabilities.

Fanlight Productions
4196 Washington Street
Boston, MA 02131
Phone: 1-800-937-4113 (toll-free)
E-Mail: info@fanlight.com
Website: www.fanlight.com

Key Resources: Selected Websites

Medline Plus

This website, created by the National Library of Medicine and the National Institutes of Health, includes links to different topics related to health including the issues of prevention and screening, medical conditions and treatments, and specific topics related to aging.

Address: www.nlm.nih.gov/medlineplus/

National Institutes of Health, Health Topics A-Z Website

This is a searchable website with links to articles and other national organizations that address general health topics including African American Health, Native American Health, Asian American Health, and Hispanic American Health.

Address: <http://health.nih.gov>

First Gov Seniors Website

This is a government website featuring information that is relevant to older adults including government agencies related to aging, information about consumer protection, health, law, travel and education.

Address: www.firstgov.gov/Topics/Seniors.shtml

ElderWeb

Developed by Karen Stevenson, this website is one of the first non-governmental websites to provide comprehensive information about topics related to aging.

Address: www.elderweb.com

Retirement and Beyond: Opportunities and Assistance

Retirement can be both an exciting and challenging point in an older adult's life. Understanding what options are available for older adults in retirement and the benefits and assistance available to them can facilitate the process of retiring and investing in new life activities or reinvesting in old favorites.

IN THIS CHAPTER

- **Post Employment Opportunities**
 - **Entitlements and Benefits**

Post Employment Opportunities

After retirement, many older adults have more time to reinvest in personal interests and hobbies as well as a tremendous amount of knowledge and life experiences to offer their communities. The opportunities available after retirement are as endless as one's imagination. Travel is something many enjoy. Senior colleges, or Life Long Learning Institutes, provide new skills and techniques. Others may enjoy sticking closer to home. Options include volunteering, mentoring or working with children or other older adults.

Post Employment Opportunities: Books, Reports, and Web Publications

Beisgen, B. A., & Kraitchman, M. C. *Senior centers: Opportunities for successful aging*. New York, NY: Springer Pub. Co., 2003.

Crocoll, C. E., & National Service Resource Center, Corporation for National Service. *Inspiring volunteer development: A resource book for training senior volunteers in intergenerational programs*. Scotts Valley, CA: National Service Resource Center, 2001.

Available online at:
www.nationalservicerresources.org

Grey House Publishing, Inc. *Older Americans information directory: Associations and organizations, continuing education, government programs, health resources, assisted living facilities, independent living centers, legal aid resources, travel* (5th ed.) Millerton, NY: Grey House, 2004.

Independent Sector. *America's senior volunteers: Civic participation is for life*. Washington, DC: Independent Sector, Jun 2000.
 Available online at:
www.independentsector.org/programs/research/senior_volunteers_in_america.html

Jarvis, P. *Learning in later life: An introduction for educators and carers*. London, England: Kogan Page, 2001.

Lindblom, D., & The Corporation for National Service. *Baby boomers and the new age of volunteerism*. Washington, DC: Corporation for National Service, 2001.
 Full text available at:
www.nationalservice.org

Sullivan, D. L. *Senior's guide to healthy travel*. Hawthorne, NJ: Career Press, 1994.

Walker, J. (Ed.). *Changing concepts of retirement: Educational implications*. Brookfield, VT: Arena, Ashgate Publishing Company, 1996.

Post Employment Opportunities: Audiovisual Resources

Audiovisual resources in this category can be found through the agencies and organizations listed below.

Post Employment Opportunities: Agencies and Organizations

The National United Way

The United Way hosts Volunteer Solutions, a program that matches interested volunteers with community organizations and groups. Depending on the program, volunteers may be needed for an hour, a year, or more. You can select the best volunteer opportunity for you with the United Way's online, searchable database. Keep in mind that most donation, funding, and assistance issues, as well as many policy decisions, are handled at the local level. Questions or concerns

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Retirement and Beyond

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about any of these areas are best addressed through contact with your local United Way.

United Way
701 North Fairfax St.
Alexandria, VA 22314
Phone: (703) 836-7112
1-800-892-2757
E-mail: info@volunteersolutions.org
Fax: (703) 683-7822
Website: www.unitedway.org

Corporation for National and Community Service: AmeriCorps State and National; AmeriCorps*VISTA; Retired and Senior Volunteer Program (RSVP); Senior Companion Programs

AmeriCorps State and National and AmeriCorps*VISTA programs are administered by the Corporation for National and Community Service. AmeriCorps volunteers usually work directly with clients while AmeriCorps*VISTA volunteers assist organizations with capacity building. Visit the Corporation for National and Community Service website to search opportunities in nationwide—many in your home state or town!

The Retired and Senior Volunteer Programs (RSVP)

These programs are available nationwide. RSVP engages persons 55 and older in volunteer service to meet critical community needs and to provide a high quality experience that will enrich the lives of volunteers. RSVP is part of the Corporation for National and Community Service's Senior Corps programming.

The Senior Companion Program

This program is also a part of the Corporation for National and Community Service's Senior Corps program. Available nationwide, Senior Companions are low income older adults serving one-on-one with the frail elderly and other homebound persons who have difficulty completing everyday tasks. Senior Companions

serve 20 hours a week and receive a stipend for their participation.

Foster Grandparents Program

Foster Grandparents serve as mentors, tutors, and support for at risk children and youth. A program for low income elders, Foster Grandparents receive a minimum stipend, and serve 20 hours per week. Foster Grandparents is also administered through the Senior Corps program of the Corporation for National and Community Service.

Corporation for National and Community Service
1201 New York Avenue, NW
Washington, DC 20525
Phone: (202) 606-5000
TTY: (202) 565-2799
Website: www.cns.gov

PeaceCorps

The Peace Corps is not just for college students anymore! Actually, it never was, but the program is currently actively soliciting older adults and married couples as recruits. The program application is a long process, so start early. Regional program information is available on the web or by phone.

Peace Corps
Phone: 1-800-424-8580
Website: www.peacecorps.gov

Senior Community Service Employment Program (SCSEP)

SCSEP is a work-training program for low-income persons age 55 and older helping those in need to re-train for a changing workforce, to find self-confidence, and most importantly, to find employment. SCSEP programs are offered nationwide. AARP hosts a website listing thirteen nationwide partners, with full contact information for each.

Visit www.aarp.org/scsep/ for more information about this program.

Elderhostel

Elderhostel is a non-profit organization dedicated to providing extraordinary learning adventures for people 55 and over. From New Hampshire to New Zealand, South Africa to South Dakota, Elderhostel offers a wide array

of educational opportunities. Life Long Learning Institutes (LLI) provide a variety of learning opportunities for older adults. LLIs may be offered through community organizations, colleges or universities. Check out the Elderhostel Institute Network (EIN) (a voluntary association of Lifelong Learning Institutes, funded by Elderhostel, Inc.) for a list of LLIs near you. Because LLIs are for local participants, all advertising and registration are handled locally, by each LLI.

Elderhostel
11 Avenue de Lafayette
Boston, MA 02111-1746
Phone: 1-877-426-8056
Fax: 1-877-426-2166

Website: www.elderhostel.org

Entitlements and Benefits

Entitlements and benefits offered to older adults by both state and federal governments facilitate the retirement process for many older adults in this country. The benefits one qualifies for may include any of the following: Medicare, food stamps, Disability/SSI, and Widows, Widower & other Survivors benefits. As a whole, older adults have worked many years in the workforce and many need these resources to live and maintain good health in the years following retirement. As government policy changes around these issues often, being in contact with the following agencies, and visiting their websites often, will provide you with the most current information about benefits and programs offered. The following section of resources provides up-to-date assistance information to seniors and health care providers.

Entitlements and Benefits: Books, Reports, and Web Publications

Centers for Medicare and Medicaid Services. *Choosing a Medigap*

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Retirement and Beyond

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policy: A guide to health insurance for people with Medicare. Baltimore, MD: CMS, 2004.

Available for Download at:
www.medicare.gov/Publications/Pubs/pdf/02110.pdf.

Centers for Medicare and Medicaid Services. *Medigap policies: The basics.* Baltimore, MD: CMS, 2003. Available for download at:
www.medicare.gov/Publications/Pubs/pdf/10209.pdf.

Conklin, J. H. *Medicare for the clueless: The complete guide to this federal program.* New York, NY: Citadel Press, 2002.

Jenson, G. A., Weycker, D. A., & Gabel, J. R. *Older adults and their health insurance.* Washington, DC: AARP, 1999. Available online at:
http://research.aarp.org/health/9903_insurance.pdf

Matthews, J. L. *Social Security, Medicare, and government pensions.* Berkeley, CA: Nolo, 2004.

Rosen, D., & Rosen, D. L. *Social Security for the clueless: The complete guide to SSA benefits.* New York, NY: Citadel Press, 2002.

Entitlements and Benefits: Agencies and Organizations

Social Security Administration (SSA)

The Social Security Administration has information about Social Security benefits, Disability, retirement planning and Medicare and information for widows and widowers. The SSA also provides a useful toll-free phone number and website for more information on benefits and contact information for local social security administration offices and the number and website allow you to apply for benefits or request benefits statements.

Social Security Administration
Office of Public Inquiries
Windsor Park Building
6401 Security Blvd.
Baltimore, MD 21235
Phone: 1-800-772-1213
Website: www.ssa.gov

Centers for Medicare and Medicaid Services (CMS)

The Centers for Medicare and Medicaid Services (CMS) is the federal agency, based within the U.S. Department of Health and Human Services, responsible for administering the Medicare and Medicaid programs. This office works closely with the SSA to ensure that beneficiaries receive the information and the services they need. The website and toll-free number provide benefits information and the locations of local offices.

Centers for Medicare & Medicaid Services
7500 Security Boulevard
Baltimore, MD 21244-1850
Phone: 1-877-267-2323
Website: www.cms.hhs.gov

USDA Food and Nutrition Service, Food Stamp Program

The USDA Food and Nutrition Service administers the Food Stamp Program for low-income families and individuals in the United States. The website provides a prescreening tool that provides information on eligibility for the program in addition to a step-by-step guide for consumers on how to apply for food stamps and a locator tool for finding a nearby Food Stamp Program office.

USDA Food and Nutrition Service
3101 Park Center Drive, Room 926
Alexandria, VA 22302
Phone: 1-800-221-5689
Website: www.fns.usda.gov/fsp/

Department of Veterans Affairs (VA)

The Department of Veterans Affairs oversees benefits and programs for veterans and their family members. The VA oversees the Veterans Benefits Administration, National Cemetery Administration, the Veterans Health Administration, and the Center for

Women Veterans in addition to other offices of the VA. The VA website provides information about burial benefits, healthcare, pensions and links to the offices within the VA.

Department of Veterans Affairs
810 Vermont Ave NW
Washington, DC 20420
Phone: 1-800-827-1000
Website: www.va.gov

Medicare Rights Center (MRC)

The MRC is one of the largest independent sources of Medicare information for Medicare Beneficiaries and professionals who work with beneficiaries. The MRC engages in public policy making, advocacy, technical assistance, direct service through their HMO appeals hotline, education efforts and public awareness coordinated with media outlets. The Medicare Rights Center's website features publications and tools for both consumers and professionals.

Medicare Rights Center
1460 Broadway, 17th Floor
New York, NY 10036
Phone: (212) 869-3850
Website: www.medicarerights.org

Entitlements and Benefits: Selected Websites

Benefits CheckUp

This site is a service of the National Council on Aging. Benefits CheckUp is a free service designed to help older adults and professionals working with older adults explore public and private benefits available. Benefits CheckUp can access information on both local and federal level benefits and programs for which an older adult may be eligible. This website also includes a Benefits CheckUpRx service for saving money on prescription medications.

Address: www.benefitscheckup.org

Medicare Website

The official website for those with Medicare, the website profiles Medicare benefits, provides a

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Retirement and Beyond

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Medicare benefits tool, as well as information pertaining to local nursing facilities, home health and chronic care services.

Address: www.medicare.gov

AARP Health and Insurance Website

This is a website set up by AARP to provide information about health care coverage and Medicare for older adults.

Address: www.aarp.org/healthcoverage/

My HealthVet

This site is an online health tool, designed for veterans and their families, that allows beneficiaries to access self-assessment tools, a health library, and information about their benefits, healthcare coverage, and prescriptions.

Address: www.myhealthvet.va.gov

Kaiser Family Foundation Medicaid Website

The Kaiser Family Foundation, a nonprofit foundation providing research and information to policy makers and the public, has set up this page to offer information on the history of the Medicaid Program, as well as a general breakdown of Medicaid covered services. PDF documents on Medicaid are also available through the foundation.

Address: www.kff.org/medicaid

Government Benefits Website

This website was created to streamline and simplify the process of obtaining benefits information from the federal government. It serves as an online tool that will aid people in locating the government benefits for which they qualify.

Address: www.govbenefits.gov

Daily Living: Housing, Residential Care, and Transportation

Daily living can present numerous challenges and opportunities for older adults and both urban and rural settings bring their own unique obstacles and strengths. As a geriatric care manager, this section should provide you with some basic tools and information to confront the many living and care options that are available for older adults.

IN THIS CHAPTER

- **Housing and Residential Care**
- **Transportation**

Housing and Residential Care

Examining housing options for older adults often involves breaking down the stereotypes surrounding older adults as growing old in nursing homes. In fact, housing and care options for older adults can often be complex as well as highly individualized. For this reason, the housing and care portion of this journal will offer up resources pertaining to the vast array of housing, residential and care options. These housing and care options can include retirement homes, assisted living, nursing facilities or living independently in one's home through home modification. The care provided to older adults can be both formal and informal. Assessing the options available for housing and care is an essential step to helping an older adult maintain independence and choice in living arrangements in retirement and beyond.

Housing and Residential Care: Books, Reports, and Web Publications

Access Building Association. *And here I'll stay: A guide to selecting retirement housing*. Vancouver, BC: Access Building Association, 2001.

Joint Center for Housing Studies, Harvard University. *Housing America's seniors*. Cambridge, MA: Harvard University, 2002. Available in PDF format at: http://www.jchs.harvard.edu/publications/seniors/housing_americas_seniors.pdf

Krout, J. A., & Wethington, E. *Residential choices and experiences of older adults: Pathways to life quality*. New York: Springer Publishing, 2003.

Loverde, J. *The complete eldercare planner: Where to start, which questions to ask, and how to find help* (2nd ed.). New York: Three Rivers Press, 2000.

Pastalan, L. A., *Making aging in place work*. New York: Haworth, 1999.

Pastalan, L. A., & Schwarz, B. *Housing choices and well being of older adults: Proper fit*. New York: Haworth Press, 2001.

Schaie, K. W., Werner-Wahl, H., Mollenkopf, H., & Oswald, F. *Aging independently: Living arrangements and mobility*. New York: Springer Publishing, 2003.

Taira, E. D. *Aging in place: Designing, adapting, and enhancing the home environment*. New York: Haworth, 2000.

U.S. Department of Housing and Urban Development. *Housing our elders*. Washington, DC: HUD, 1999. Available in PDF format from the HUD USER website: <http://www.hud.gov/library/bookshelf18/pressrel/elderlyfull.pdf>

Housing and Residential Care: Agencies and Organizations

National Center for Seniors' Housing Research

This center is a component of the National Association of Home Builders Research Center and is operated in cooperation with the Administration on Aging and The Department of Health and Human Services. The center engages in research activities that gather information which can be used to help adults age in place.

National Center for Seniors' Housing Research
NAHB Research Center
400 Prince George's Boulevard
Upper Marlboro, MD 20774
Phone: 1-800-638-8556 or
(301)249-4000
Website: www.nahbrc.org

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Department of Housing and Urban Development (HUD)

HUD is the government agency with the mission of helping Americans access affordable housing in a way that is free from discrimination and consistent with the nation's fair housing laws. The HUD website provides housing information specific to older adults as well as information specific to each state. HUD also has information about current subsidized housing vacancies and local housing contacts in addition to a wealth of data about housing in the U.S. and information about HUD grants that are currently available.

U.S. Department of Housing and Urban Development
451 7th Street, SW
Washington, DC 20410
Phone: (202) 708-1112
Website: www.hud.gov

National Long Term Care Ombudsmen Resource Center (ORC)

This resource center provides assistance and support to the state-level ombudsmen programs. The National Long Term Care Ombudsmen Resource Center provides training and assistance as well as information and referral to ombudsmen across the country and to the residents and families who use ombudsman services. They also promote research related to long term care issues and partner with other organizations that work to protect the frail elderly living in long term care facilities. The ORC website also provides information on all ombudsman programs in the country.

ORC Office
1424 16th Street, NW
Suite 202
Washington, DC 20036
Phone: (202) 332-2275
Website: www.ltombudsman.org

American Association of Homes and Services for the Aging (AAHSA)

AAHSA is an association of nonprofit older adult housing service agencies, including assisted living facilities and nursing facilities, and providers who are committed to the advancement of "healthy ethical, and affordable aging services." AAHSA works collaboratively to develop high quality services for older adults. The AAHSA website contains information about housing options aimed at consumers, professionals and providers.

American Association of Homes and Services for the Aging
2519 Connecticut Ave., NW
Washington, DC 20008
Phone: (202) 783-2242
Website: www.aahsa.org

Housing Assistance Council (HAC)

The HAC is a nonprofit corporation that works to help local organizations in rural areas build affordable housing. HAC achieves this work through providing technical assistance, loans and publications to organizations in addition to engaging in training and research projects.

Housing Assistance Council
1025 Vermont Avenue, NW
Suite 606
Washington, DC 20005
Phone: (202) 842-8600
Website: www.ruralhome.org

American Health Care Association (AHCA)

AHCA is a nonprofit organization consisting of state health organizations including assisted living facilities, nursing facilities, and developmental disability and sub acute care providers. The AHCA participates in advocacy on a national level and assists its members through providing information, administrative tools, and education that will change and shape the long term care profession. AHCA has publications available pertaining to long term care, nursing homes, assisted living and other services as well as statistics and data pertaining to these topic areas.

American Health Care Association
1201 L Street, NW
Washington, DC 20005
Phone: (202) 842-4444
Website: www.ahca.org

Housing Research Foundation

Supported by the public housing foundations, HUD and other foundations, the Housing Research Foundation is the country's only private nonprofit institution that investigates public housing issues. The foundation engages in research, education and technical assistance surrounding public housing and its residents.

Housing Research Foundation
1250 Eye Street, NW
Suite 901B
Washington, DC 20005
Phone: (202) 393-0448
Website: www.housingresearch.org

Housing and Residential Care: Selected Websites

AARP Housing Choices Website

This website, hosted by AARP, provides information about older adult housing options including consumer checklists and guides to investigating housing and making informed housing choices.

Address: www.aarp.org/life/housingchoices/

Care Planner

A website organized by Clinical Tools Inc. for the Centers for Medicare and Medicaid Services to help seniors, caregivers, friends and professionals create a plan of care, free of charge, that takes into account an older adult's current living situation and available housing options.

Address: www.careplanner.org

ElderWeb Housing & Care Website

ElderWeb is a website designed for both professionals and consumers

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and includes articles and links to resources on a variety of topics. The *Housing & Care* website on ElderWeb offers information about assisted living, caregiving, housing options, nursing facilities, shared housing and home adaptation.

Address: www.elderweb.com under "Housing and Care"

Housing and Residential Care: Selected Research Resources

National Resource Center on Supportive Housing & Home Modifications (NRCSSHMM)

The NRCSSHMM is operated by the University of Southern California's Andrus Gerontology Center. The center promotes aging in place through home modifications and supportive housing. Publications about home modification and supportive housing can be obtained through their information clearinghouse.

National Resource Center on Supportive Housing & Home Modifications
USC Andrus Gerontology Center
3715 McClintock Avenue
Los Angeles, CA 90089-0191
Website: www.homemods.org

The Joint Center for Housing Studies, Harvard University

This center is a joint collaborative between Harvard's Design School and the Kennedy School of Government. The Joint Center for Housing Studies carries out research that analyzes the relationships between housing markets and economic, demographic, and social trends which is further translated into education and outreach efforts.

Joint Center for Housing Studies
Harvard University
1033 Massachusetts Avenue, 5th Floor

Cambridge, MA 02138
Phone: (617) 495-7908
Website: www.jchs.harvard.edu

The Center for Universal Design

Based at North Carolina State University, the Center for Universal Design is a national center of research, information and technical assistance that promotes universal design of housing, public, and commercial spaces. Universal design ensures that living spaces are both aesthetic as well as accessible by all people including persons with disabilities.

The Center for Universal Design
College of Design
North Carolina State University
50 Pullen Road, Brooks Hall
Room 104
Campus Box 8613
Raleigh, NC 27695-8613
Phone: 1-800-647-6777
Website: <http://design.ncsu.edu/cud/>

Housing and Residential Care: Statistical Resources

HUD USER

HUD USER is an information source on housing in the U.S. operated by the Housing and Urban Development's (HUD) Office of Policy Development & Research. The USER website provides access to HUD datasets and other information gathered from HUD research.

HUD USER
P.O. Box 23268
Washington, DC 20026-3268
Phone: 1-800-245-2691 (toll-free)
TDD: 1-800-927-7589
Website: www.huduser.org

Transportation

Transportation is an issue that surfaces throughout life especially if one lives in a rural area without a personal automobile or other means of transportation readily available. Many older adults rely on public

transportation or the help they receive from friends, family, and neighbors to travel in their communities. The following transportation resources are starting points for exploring the issues older adults face is obtaining transportation. This information can be best utilized when applied to your own local communities and states. In addition to this information, knowledge of local transportation options will also be helpful to you in your practice.

Transportation: Books, Reports, and Web Publications

Bailey, L. *Aging Americans: Stranded without options*. Washington, DC: Surface Transportation Policy Project, 2004.

Schaie, K. W., & Pietrucha, M. *Mobility and transportation in the elderly*. New York: Springer Publishing, 2000.

Straight, A., & Gregory, S. R. *Transportation: The older person's interest*. Washington, DC: AARP, 2002.

Available online at: http://research.aarp.org/il/fs44r_transport.pdf

The Beverly Foundation, & AAA Foundation for Traffic Safety. *Supplemental transportation programs for seniors: A report on STPs in America*. Pasadena CA: The Beverly Foundation, 2004.

U.S. Department of Transportation. *Safe mobility for a maturing society: Challenges and opportunities*. Washington, DC: U.S. Department of Transportation, 2003.

Transportation: Audiovisual Resources

Audiovisual materials on this topic can be obtained through the agencies and organizations listed below.

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Transportation: Agencies and Organizations

Community Transportation Association of America (CTAA)

The Community Transportation Association is an organization of professionals and other individuals interested in community transportation. The CTAA provides technical assistance, education, professional development, as well as financial assistance opportunities to professionals and local transportation agencies.

Community Transportation Association of America
1341 G St NW
10th Floor
Washington, DC 20005
Phone: 1-800-891-0590
Website: www.ctaa.org

Beverly Foundation

The Beverly Foundation supports and conducts research and education efforts that enhance the quality of life of older adults while helping older adults to live independently in their communities. The foundation's work targets professionals, caregivers, family members, and older adults. Current foundation research efforts fall within three targeted areas: senior mobility and transportation within the community, innovative community based care for seniors, and productive opportunities for seniors.

Beverly Foundation
566 El Dorado St. #100
Pasadena, CA 91101
Phone: (626) 792-2292
Website: www.beverlyfoundation.org

U.S. Department of Transportation (DOT)

The DOT oversees the nation's transportation system ensuring that the system is efficient, convenient, and accessible. The DOT provides

information on all forms of transportation to citizens, business professionals, and other governmental agencies. DOT currently encompasses 12 governmental organizations including the National Highway Traffic Safety Administration and the Bureau of Transportation Statistics.

U.S. Department of Transportation
400 7th Street, SW
Washington, DC 20590
Phone: (202) 366-4000
Website: www.dot.gov

National Highway Traffic Safety Administration (NHTSA)

The NHTSA, a division of the Department of Transportation, conducts research pertaining to highway safety, implements consumer safety programs, and provides consumer publications on a variety of topics related to motor vehicle safety.

NHTSA Headquarters
400 Seventh Street, SW
Washington, DC 20590
Phone: 1-888-DASH-2-DOT (888-327-4236)
Website: www.nts.gov

The Surface Transportation Policy Project (STPP)

The Surface Transportation Policy Project is a nationwide nonprofit coalition that works to develop safer communities, improve public health, establish equitable access to transportation, and protect the environment. This organization provides reports and publications on topics related to these goals as well as assistance to individual communities.

STPP National Office
1100 17th Street, NW
10th Floor
Washington, DC 20036
Phone: (202) 466-2636
Website: www.transact.org

Transportation: Selected Websites

AARP's Driver Safety Website

This website features consumer information about driver safety for older adults and their families.

Address: www.aarp.org/life/drive/

AAA Foundation for Traffic Safety Senior Driver Website

This website includes information, downloadable brochures and publications as well as streaming video for older adult drivers and their friends and family members. Information is also available for older adults who are no longer driving.

Address: www.seniordrivers.org

Rural Information Center's Transportation Resources Website

This website was developed by the USDA to provide up-to-date, accurate information about rural resources. This page provides links to other transportation organizations as well as links to funding opportunities, statistics, and publications related to rural transportation issues.

Address: www.nal.usda.gov/ric/ruralres/transprt.htm

Transportation: Statistical Resources

Bureau of Transportation Statistics (BTS)

The Bureau of Transportation Statistics, a division of the Department of Transportation, is the lead governmental agency in developing, collecting and analyzing transportation data. The BTS develops reports and information for both local and national decision makers.

Bureau of Transportation Statistics
U.S. Department of Transportation
400 7th Street, SW
Room 3103
Washington, DC 20590
Phone: 1-800-853-1351
Website: www.bts.gov

Health and Aging

This health chapter will touch upon health topics that are both general in scope as well as health resources that are specific to gender and condition. Please keep in mind that while men and women often share some health conditions in common, there are distinct experiences of both health and wellness for men and women. Conditions that are of particular concern to older men include heart disease, prostate cancer and diabetes. Conditions of special concern for older women might include osteoporosis and breast cancer. The resources available here provide information pertaining to the identification, treatment and prevention of specific medical conditions as well information about healthy living for older men and women.

IN THIS CHAPTER

- **General Health**
- **Men's Health**
- **Women's Health**
 - **Nutrition**
- **Mental Health and Aging**
- **Substance Abuse and Aging**

General Health

General Health: Books, Reports, and Web Publications

Vierck, E., & Hodges, K. *Aging: Demographics, health and health services*. Westport, CT: Greenwood Press, 2003.

General Health: Audiovisual Resources

The Doctor is in Video Series

This is a video series produced by Dartmouth-Hitchcock Medical Center covering various health topics. Most of the videos available are general in scope however there are some videos that touch upon topics pertinent to older adults.

The Doctor Is In
 Media Services
 Dartmouth-Hitchcock Medical Center
 One Medical Center Drive

Lebanon, NH 03756
 Phone: (603) 650-6561
 Website: www.dhmc.org

General Health: Agencies and Organizations

American Cancer Society (ACS)

ACS is a national, community-based volunteer health organization, providing information on cancer and its prevention. ACS sponsors a variety of programs and workshops that address concerns arising from cancer treatment. Contact local ACS offices for self-help groups, transportation programs, and limited financial aid. The website features information pertaining to various types of cancers and statistics. The information line provides contacts for local American Cancer Society offices.

American Cancer Society

1599 Clifton Road, NE
 Atlanta, GA 30329

Phone: 1-800-ACS-2345 (227-2345)
 (toll-free 24-hour cancer information line)
 (404) 320-3333
 Website: www.cancer.org

American Heart Association (AHA)

This is a national voluntary agency which engages in efforts to reduce disability and death from cardiovascular disease and stroke. The website contains information on heart disease, stroke, as well as prevention, treatment and research relating to these health concerns. The website also includes statistics as well as information about local AHA chapters.

American Heart Association (or Stroke Association)
 7272 Greenville Avenue
 Dallas, TX 75231
 1-800-242-8721 (American Heart Association)
 1-888-478-7653 (American Stroke Association)
 Website: www.americanheart.org

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General Health: Selected Websites

NIH Senior Health Information Website

This website was developed by the National Institute on Aging in collaboration with the National Library of Medicine of the National Institutes on Health. The website includes general information for the public, healthcare professionals, researchers, librarians and publishers.

Address: <http://nihseniorhealth.gov>

Mayo Clinic Website

This website, hosted by the Mayo Clinic, provides information on various health topics. The site is searchable and contains a "Men's Health Center" as well as a "Women's Health Center."

Address: www.mayoclinic.com

General Health: Selected Research Resources

Institute for Health and Aging (IHA), University of California San Francisco

The IHA engages in research, education and public service in the areas of social and behavioral sciences and policy with the goal of optimizing the health and well being of older adults. The Institute's current research agenda includes disabilities, women's health, healthy and active aging, health economics, health and diverse populations, substance abuse and aging and long-term care.

Institute for Health and Aging
Box 0646, 3333 Calif. St. Laurel
Heights 340
University of California, San Fran-
cisco

San Francisco, CA. 94143-0646
Phone: (415) 502-5200

Website: <http://nurseweb.ucsf.edu/iha>

University Center on Aging and Health (UCAH), Case Western University

The UCAH engages in research, education and the promotion of gerontological practice. The center focuses on building collaborations among scholars in the field as well as disseminating research findings pertaining to aging and the impact that aging has on individuals, families, communities and society.

University Center on Aging and
Health

Case Western Reserve University
Cleveland, Ohio 44106

Phone: (216) 368-2692

Website: <http://fpb.cwru.edu/CFA/>

Men's Health

Men's Health: Books, Reports, and Web Publications

American Medical Association.
*American Medical Association
complete guide to men's health.* New
York: J. Wiley, 2001.

McNally, R. A. (Ed.) *Men's health
concerns sourcebook: Basic con-
sumer health information about the
medical and mental concerns of men,
including theories about the shorter
male lifespan, the leading causes* (2nd
ed.). Detroit, MI: Omnigraphics, 2004.

Simon, H. B. *The Harvard Medical
School guide to men's health:
Lessons from the Harvard Men's
Health Studies.* New York: Free Press,
2000.

Men's Health: Agencies and Organizations

Men's Health Network

This is a nonprofit educational organization comprised of health professionals that engages in activities that promote the issue of men's health as a social concern.

Men's Health Network
P.O. Box 75972
Washington, DC 20013
Phone: (202) 543-6461
Website:
www.menshealthnetwork.org

National Prostate Cancer Coalition (NPCC)

This is an advocacy organization whose members include doctors, researchers, advocates, and survivors of prostate cancer. NPCC efforts include awareness campaigns, organizing of state coalitions, advocacy to increase federal funding for prostate cancer as well as serving as a comprehensive source of prostate cancer information.

National Prostate Cancer Coalition
1154 15th St., NW
Washington, DC 20005
Phone: 1-888-245-9455
Website: www.pcacoalition.org

Men's Health: Selected Websites

The Male Health Center Internet Education Site

This is an online educational website of the Dallas-based Male Health Center. It provides information on self-care, prevention, screening and healthy living for men including topics related to aging and male health.

Address: www.malehealthcenter.com

Women's Health

Women's Health: Books, Reports, and Web Publications

National Institute on Aging. *Re-
sources for women's health and
aging.* Bethesda, MD: National
Institute on Aging, 2000.
Available online at:
[http://www.agingresearch.org/
brochures/resourceguide/guide.pdf](http://www.agingresearch.org/brochures/resourceguide/guide.pdf)

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Women's Health Agencies and Organizations

Susan G. Komen Breast Cancer Foundation

The Komen Foundation's mission is to eradicate breast cancer through raising funds for research, raising public awareness of this disease, providing information about breast cancer, affecting policy on a national and local level as well as running a national helpline for those who want to know more about breast cancer. Local chapter information is provided via their website and phone line.

Susan G. Komen Breast Cancer Foundation
5005 LBJ Freeway, Suite 250
Dallas, TX 75244
Phone: (972) 855-1600
Helpline: 1-800-IM-AWARE
Website: www.komen.org

Women's Health: Selected Websites

National Women's Health Information Center

Hosted by the U.S. Department of Health and Human Services, this website offers a wealth of information about women's health issues.
Address: www.4woman.gov

Nutrition

Older adults have specific nutritional needs that are applicable to the aging body. Protein, carbohydrates, essential fatty acids, certain vitamins and essential nutrients are necessary to maintain optimal health. However, loneliness, social isolation and being on a "set income," may be associated with nutrient deficiencies in the elderly. The following section provides resources for locating background information and screening tools pertaining to nutrition.

Nutrition: Books, Reports, and Web Publications

Senior Nutrition Awareness Project. *SNAP Newsletters*. Unknown: SNAP, n.d.

These newsletters, and other additional resources for older adults are available online at: <http://www.canr.uconn.edu/nusci/outrch/snap/snappub.htm>

Watson, R. R. *Handbook of nutrition in the aged* (3rd ed.). Boca Raton: CRC Press, 2001.

Nutrition: Agencies and Organizations

American Dietetic Association (ADA)

The American Dietetic Association is the nation's largest organization of food and nutrition professionals. ADA serves the public by promoting optimal nutrition, health and well-being. Its Chicago-based headquarters is the world's largest organization of food and nutrition professionals.

American Dietetic Association
120 South Riverside Plaza, Suite 2000
Chicago, IL 60606-6995
Phone: 1-800-877-1600
Website: www.eatright.org

Nutrition: Selected Websites

Nutrition Screening Initiative Materials

These materials can be used to screen for nutrition risk in older adults.

Address: <http://www.aafp.org/nsi.xml>

-or-

You may order the materials by contacting:
Nutrition Screening Initiative
P.O. Box 723
Waldorf, MD 20604
Phone: (202) 625-1662

Nutrition: Selected Research Resources

Florida International University National Policy and Resource Center on Nutrition & Aging.

Funded through the Administration on Aging, this center works to reduce nutritional risk among older adults through provision of technical assistance, dissemination of information regarding nutrition and aging as well as program evaluation, outcomes research and partnership building. Their website features an extensive list of resources related to aging and nutrition.

National Policy & Resource Center on Nutrition & Aging
Florida International University
OE200
Miami, FL 33199
Phone: (305) 348-1517
Website: www.fiu.edu/~nutreldr/

Mental Health and Aging

This section provides resources related to aging and mental health including the assessment, treatment and prevention of mental health disorders in older adults. The mental health issues most widely discussed in relation to older adults include depression, suicide, anxiety and alcohol abuse. The resources found in this section will touch upon not only the clinical aspects of mental illness but also the social impact that mental illness can have on one's life. The promotion of healthy aging cannot be complete without first addressing how to help older adults maintain healthy and independent lives.

Mental Health and Aging: Books, Reports, and Web Publications

Department of Health and Human Services, Administration on Aging.
Older adults and mental health: Issues

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and opportunities. Washington, D.C.:
Author, 2001.

Available online at:

<http://www.protectassets.com/ssa/Older-AdultsandMH2001.pdf> you may also request a copy by calling the National Aging Information Center at (202)619-0724.

Mental Health and Aging: Selected Journals

Aging & Mental Health

Editorial Information: M. W. Orrell, & D. G. Blazer, Editors

Issues: 6 issues/year, available in both print and electronic formats

Description: This journal discusses topics related to aging and mental health.

Ordering Information:

Taylor & Francis Ltd
Rankine Road
Basingstoke, Hants
RG24 8PR, UK
Phone: +44(0) 125-681-3000
E-Mail: journals.orders@tandf.co.uk
Website: <http://www.tandf.co.uk/journals/titles/13607863.asp>

Journal of Mental Health and Aging

Editorial Information: D. Cohen,
Editor-in-Chief

Issues: Published quarterly

Description: This is an interdisciplinary journal that provides information on the latest issues related to mental health and aging to professionals and policymakers.

Ordering Information:

Springer Publishing Company
11 West 42nd Street
15th Floor
New York, NY 10036
Phone: 1-877-687-7476
Fax: (212) 941-7842
Website: www.springerpub.com

Mental Health Agencies and Organizations

National Institute on Mental Health (NIMH)

This is the federal institute for research on mental and behavioral disorders. Website provides general information about mental illness and also includes a section on mental health and older adults.

National Institute of Mental Health
Office of Communications
6001 Executive Boulevard, Room 8184
MSC 9663
Bethesda, MD 20892-9663
Phone: 1-866-615-6464
TTY: (301) 443-8431
E-Mail: nimhinfo@nih.gov
Website: www.nimh.nih.gov

Mental Health and Aging Network (MHAN)

The Mental Health and Aging Network is a constituency group of the American Society on Aging that improves mental health and well being of older adults through professional development, information sharing, networking and advocacy.

American Society on Aging
833 Market Street
Suite 511
San Francisco, CA 94103
Phone: 1-800-537-9728
Website: www.asaging.org

American Association for Geriatric Psychiatry (AAGP)

This is a national association that aims to promote the well being of elderly with mental health disorders. The association provides research, education and advocacy surrounding elderly mental health issues. Their website contains information suitable for consumers, healthcare professionals and the media.

AAGP
7910 Woodmont Ave.
Bethesda, MD 20814-3004
Phone: (301) 654-7850
Website: www.aagponline.org

National Alliance for the Mentally Ill (NAMI)

NAMI is a nonprofit grassroots organization that takes part in education, advocacy, research and developing self-help support mechanisms for those living with mental illness. This organization also includes state-based affiliates that participate in NAMI efforts that are most applicable to their regional area.

NAMI
Colonial Place Three
2107 Wilson Blvd., Suite 300
Arlington, VA 22201-3042
Phone: (703) 524-7600
Fax: (703) 524-9094
Website: www.nami.org

American Psychological Association (APA)

The APA is a national association of mental health professionals working to advance the mental health profession and knowledge of mental health issues through research and advocacy. The APA Office of Aging was created to address mental health issues related to aging. The website provides mental health information pertinent to older adults.

American Psychological Association
Public Interest Directorate
750 First Street, NE
Washington, DC 20002
Phone: (202) 336-6135
Website: www.apa.org

Mental Health and Aging: Selected Websites

Mental Health and Aging Website

This website provides information on mental health and aging topics specifically created to provide caregivers and older adults access to mental health information. It is maintained by the Mental Health and Aging Advocacy Project, a project of the Mental Health Association of Southeastern Pennsylvania.

Address: www.mhaging.org

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National Mental Health Consumers' Self-Help Clearinghouse

Funded by the U.S. Department of Mental Health and Human Services, Substance Abuse and Mental Health Services Administration Center for Mental Health Services, this online clearinghouse is a consumer-run technical assistance center designed to be a place where consumers can find online self-help information.

Address: www.mhselfhelp.org/

Mental Health and Aging: Selected Research Resources

University of Alabama Center for Mental Health and Aging

The Center on Mental Health and Aging participates in developing new knowledge, testing new intervention strategies, and dissemination of information relating to mental health and aging. The center currently has four focus areas for their activities: elder caregiving, mental health of rural elders, quality of care in nursing homes, palliative care and end-of-life issues.

Center for Mental Health and Aging
Box 870315
207 Osband Hall
6th Avenue
Tuscaloosa, AL 35487-0315
Phone: (205) 348-7518
Website: <http://cmha.ua.edu>

Louis de la Parte Florida Mental Health Institute, Department of Aging and Mental Health

This center participates in program development, evaluation, research, training and education in order to support and address the mental health of older adults both in Florida and nationally.

Louis de la Parte Florida Mental Health Institute

University of South Florida
13301 Bruce B. Downs Blvd
Tampa, FL 33612-3807
Phone: (813) 974-4602
Website: <http://amh.fmhi.usf.edu>

Substance Abuse and Aging

Substance abuse encompasses both deliberate and accidental misuse of prescription medications, non-prescription drugs, and alcohol. While older adults often abuse substances for the same reasons that younger adults abuse substances, an older adult's substance abuse problem may go unnoticed by friends and family. Many mistake the signs and symptoms of substance abuse as normal aging or a byproduct of a medical condition. As such, those working with older adults are best advised to become well acquainted with the signs and symptoms of substance abuse as well as the treatment approaches that are effective for older adults. The resources in this section are great starting points for exploring this issue.

Substance Abuse and Aging: Books, Reports, and Web Publications

Barry, K. L., Oslin, B. W., & Blow, F. C. *Alcohol problems in older adults: Prevention and management*. New York, NY: Springer Publishing Company, 2001.

Colleran, C., & Jay, D. *Aging and addiction: Helping older adults overcome alcohol or medication dependence*. Center City, MN: Hazelden Publishing, 2002.

Gurnack, A. M. *Older adults' misuse of alcohol, medicines, and other drugs: Research and practice issues*. New York: Springer Publishing Company, 1997.

Substance Abuse and Mental Health Services Administration, & Caliber Associates. *Substance abuse among older adults: A literature review*. Fairfax VA: Caliber Associates, 2002.

Available online at:
<http://www.icpsr.umich.edu/>

U.S. Department of Health and Human Services. *Substance abuse among older adults: Treatment improvement protocol (TIP) series 26*. Rockville, MD: U.S. Department of Health and Human Services, 1998.
Available for download at: <http://www.health.org/govpubs/BKD250/>

Substance Abuse and Aging: Audiovisual Resources

American Association of Retired Persons, & Hazelden. *It can happen to anyone: Problems with alcohol and medications among older adults*. Washington, D.C.: AARP, 1996. This is a 26-minute video that examines the role alcohol played in the lives of some older adults and what treatment and recovery have meant to them.

Ordering Information:
American Association of Retired Persons
Social Outreach and Support
601 E. Street NW
Washington D.C. 20049
Phone: (202) 434-2277.

Substance Abuse and Aging: Organizations and Agencies

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

A division of the National Institutes of Health, the NIAAA's mission is to provide national leadership in reducing alcoholism and alcohol related problems through conducting and supporting research, translating and disseminating research findings, as well as collaborating with other organizations working in the substance abuse field including international, national, state and local level organizations and agencies.

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Daily Living

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National Institute on Alcohol Abuse
and Alcoholism (NIAAA)
National Institutes of Health
5635 Fishers Lane
MSC 9304
Bethesda, Maryland 20892-9304
Phone: (301) 443-3860
Website: www.niaaa.nih.gov

National Institute on Drug Abuse (NIDA)

Also a division of the National
Institutes of Health, the National
Institute on Drug Abuse supports
85% of the world's research on the
health aspects of drug abuse and
addiction. NIDA also disseminates
research findings through key
scientific publications in the area of
drug abuse. Publications for multiple
target audiences, including informa-
tion for researchers and health
professionals, can be found on
NIDA's website.

National Institute on Drug Abuse
National Institutes of Health
6001 Executive Boulevard, Room
5213
Bethesda, MD 20892-9561
Phone: (301) 443-1124
Website: www.drugabuse.gov

Substance Abuse and Aging: Selected Websites

Substance Abuse and Mental Health Services Administration (SAMHSA), Office of Applied Studies Substance Abuse Among Older Adults Website

This website offers data, statistics,
and reports on substance abuse
among older adults.

Address: [http://www.oas.samhsa.gov/
2k1/olderadults/olderadults.cfm](http://www.oas.samhsa.gov/2k1/olderadults/olderadults.cfm)

Alzheimer's, Dementia, and Aging

Contrary to what many people believe, memory loss is not necessarily a normal part of aging. Dementia, a group of conditions that cause cognitive decline, is an issue that many older adults face. In fact, as one ages their risk of developing dementia also tends to increase. Alzheimer's disease is one of the leading causes of dementia. The following resources speak to dementia in general or more specifically to Alzheimer's disease.

IN THIS CHAPTER

• Alzheimer's, Dementia, and Aging Resources

Alzheimer's, Dementia, and Aging: Books, Reports, and Web Publications

Bayles, K. A., & Tomoeda, C. K. *Improving the ability of Alzheimer's patients to communicate*. Phoenix, AZ: Canyonlands Publishing, 1998.

Bayles, K. A., & Tomoeda, C. K. *The ABCs of dementia* (2nd Ed.). Phoenix, AZ: Canyonlands Publishing, 1995.

Bell, V., & Troxel, D. A. *Dignified life: The best friends approach to Alzheimer's care, a guide for family members*. Deerfield Beach, Florida: Health Communications, Inc., 2002.

Harris, P. B. (Ed.) *The person with Alzheimer's disease: Pathways to understanding the experience*. Baltimore, MD: Johns Hopkins University Press, 2002.

Mace, N. L. *The 36-hour day: A family guide to caring for persons with Alzheimer's disease, related dementing illnesses, and memory loss in later life*. Baltimore, MD: Johns Hopkins University Press, 2000.

Alzheimer's, Dementia, and Aging: Selected Journals

Dementia: The International Journal of Social Research and Practice

Editorial Information: J. Keady, P. B. Harris, & H. Wilkinson, Editors

Issues: Published quarterly, available in both print and electronic formats

Description: This journal presents international research and literature regarding the social aspects of dementia and caregiving for those with dementia.

Ordering Information:
Sage Publications
2455 Teller Road
Thousand Oaks, CA 91320
Phone: 1-800-818-7243
Fax: 1-800-583-2665
Website: www.sagepub.com

Alzheimer's, Dementia, and Aging: Audiovisual Resources

Audiovisual resources are available from the organizations listed below.

Alzheimer's, Dementia, and Aging: Agencies and Organizations

Alzheimer's Association

The Alzheimer's Association is a voluntary health organization that supports research in the area of Alzheimer's disease, in addition to providing services, education and programs to older adults with Alzheimer's and their caregivers, family and friends. Contact the 24-hour, toll-free telephone line to link with local chapters and community resources. The Alzheimer's Association funds research to find a cure for Alzheimer's disease and provides information on caregiving. A free catalog of educational publications is available in English and Spanish.

Alzheimer's Association

225 N. Michigan Ave Fl. 17
Chicago, IL 60601-7633
Phone: 1-800-272-3900 (24-hour help line)
Website: www.alz.org

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Alzheimer's, Dementia, and Aging

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Alzheimer's Disease Education and Referral (ADEAR) Center

ADEAR is a service of the National Institute on Aging that disseminates information and research about Alzheimer's disease to professionals, elders and their families, and the public. The center distributes free materials on a wide variety of topics related to Alzheimer's disease. Contact the center for information about the symptoms, diagnosis, and treatment of AD; recent research; and referrals to State and other national services.

ADEAR Center
P.O. Box 8250
Silver Spring, MD 20907-8250
Phone: 1-800-438-4380
Fax: (301) 495-3334
Website: www.alzheimers.org

National Institute of Neurological Disorders and Stroke (NINDS)

The National Institute of Neurological Disorders and Stroke is the government's principal agency studying the causes, prevention, detection, and treatment of neurological diseases (including dementias) and stroke. The institute fulfills this mission through supporting, conducting, and guiding research in this area. The institute's website features free publications and information.

NIH Neurological Institute
P.O. Box 5801
Bethesda, MD 20824
Phone: 1-800-352-9424 (toll-free)
Website: www.ninds.nih.gov

Alzheimer's, Dementia, and Aging: Selected Websites

The Alzheimer's Information Site

This website, sponsored by the Fisher Center for Alzheimer's Research Foundation, features a wealth of

consumer-friendly information on Alzheimer's disease.

Address: www.alzinfo.org

The Mental Health Foundation's Dementia Website

This website, sponsored by the UK-based Mental Health Foundation, outlines information on current research and information on different topics related to dementia.

Address: www.mhilli.org/dementia/

Alzheimer's, Dementia, and Aging: Selected Research Resources

University of Washington Alzheimer's Disease Research Center (ADRC)

The ADRC at the University of Washington is one of 29 centers funded through the National Institute on Aging. The center supports and conducts interdisciplinary clinical and science-based research related to Alzheimer's disease. The center's website currently includes a link to other centers funded through the National Institute on Aging.

Alzheimer's Disease Research Center
Memory & Aging Project
Department of Neurology
Washington University School of Medicine
4488 Forest Park Ave., Suite 130
St. Louis, MO 63108
Phone: (314) 286-2881
Website: <http://alzheimer.wustl.edu/adrc2/>

Fisher Center for Alzheimer's Research Foundation

The Fisher Center supports research in the area of Alzheimer's disease while also disseminating information to the public via its website. The Fisher Center Foundation's primary resources are focused on supporting some of the nation's leading Alzheimer's research taking place at the Fisher Center for Alzheimer's Disease Research at Rockefeller

University.

Fisher Center for Alzheimer's Research Foundation
One Intrepid Square
West 46th Street & 12th Avenue
New York, NY 10036
Phone: 1-800-ALZINFO.
Website: www.alzinfo.org

Alzheimer's, Dementia, and Aging: Statistical Resources

Statistics related to Alzheimer's and dementia can be found by visiting the websites mentioned above or by writing to the organizations in this chapter. Statistics on dementia and Alzheimer's disease can also be found through the major health organizations such as National Institutes for health and the National Institute on Aging.

Family Caregiving

Family caregiving can be both difficult and satisfying to those providing care to their loved ones. Without a doubt, caregivers may feel burdened, social isolated, depressed, angry or guilty. At times, care recipients will feel the same. These resources are available to help you, the professional care manager, provide all your clients, be they caregiver or receiver, with quality information, tips, and support to deal more effectively with family caregiving.

IN THIS CHAPTER

• Caregiving

• Advanced Directives and End-of-Life Care

Caregiving

Caregiving: Books, Reports, and Web Publications

Hooyman, N. R., & Gonyea, J. *Feminist perspectives of family care*. Sage Publications Inc, 1995.

Joslin, D. (Ed.). *Invisible caregivers: Older adults raising children in the wake of HIV/AIDS*. New York: Columbia University Press, 2002.

Levine, C., & Murray, T. (Eds.). *The cultures of caregiving: Conflict and common ground among families, health professionals, and policy makers*. Baltimore: Johns Hopkins University Press, 2004.

Poirier, S., & Ayres, L. *Stories of family caregiving: Reconsiderations of theory, literature, and life*. Indianapolis, IN: Center Nursing Pub., 2002.

Callahan, S. *Mymother's voice*. Forest Knolls, CA: Elder Books, 2000.

Valle, R. *Caregiving across cultures: Working with dementing illness and ethnically diverse populations*. Washington, DC: Taylor & Francis, 1998.

Caregiving: Audiovisual Resources

American Heart Association Caregiver Video

This 19 minute video, intended for consumers, defines caregiving, and how to deal with stress that may accompany caregiving. (19 minutes)

WorldPoint ECC, Inc.
151 S. Pflingsten Rd, Suite E
Deerfield, IL 60015
Phone: 1-888-322-8350
Fax: (888) 281-2627
Website: www.worldpoint-ecc.com

“And Thou Shalt Honor”

This PBS documentary explores the love, quiet heroism, and physical determination that rise to meet the overwhelming financial and emotional costs of long-term home care.

PBS
Phone: 1-800-531-4727
Website: www.shoppbs.org

Caregiving: Agencies and Organizations

The Family Caregiver Alliance (FCA)

The FCA offers caregiving tips for a wide array of illnesses as well as

information on work and caregiving, advanced directives, long-term care, and resources in your area. The FCA also offers several web-based caregiver support and discussion groups as well as fact sheets on caregiving and information about public policies that effect caregivers.

FamilyCaregiver Alliance
180 Montgomery St, Ste 1100
San Francisco, CA 94104
Phone: (415)434-3388 or 1-800-445-8106
Fax: (415)434-3508
E-Mail: info@caregiver.org
Website: www.caregiver.org.

National Family Caregivers Association (NFCA)

NFCA is a grass roots organization providing advocacy, support, and information for family members who care for chronically ill, older, or disabled relatives.

National Family Caregivers Association (NFCA)
10400 Connecticut Avenue, #500
Kensington, MD 20895-3944
Phone: 1-800-896-3650
Fax: 301-942-2302
E-Mail: info@nfcacares.org
Website: www.nfcacares.org

National Association of Area Agencies on Aging (N4A)

N4A is the umbrella organization for the AoA-funded Area Agencies on Aging. It

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Family Caregiving

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also represents the interests of Title VI Native American aging programs. This association administers the AoA-sponsored Eldercare Locator, a toll-free number linking older adults and their family members with local aging resources. N4A also publishes the National Directory for Eldercare Information and Referral.

National Association of Area Agencies on Aging (N4A)
927 15th Street, NW
6th Floor
Washington, DC 20005
Phone: 1-800-677-1116 (Eldercare Locator)
(202) 296-8130
Fax: (202) 296-8134
Website: www.n4a.org

National Association of State Units on Aging (NASUA)

NASUA is a public-interest organization providing information, assistance, and advocacy on behalf of older adults. Contact NASUA for information on rights of older adults, health care and social services regulations, and referrals to lawyers specializing in elder law and aging issues.

NASUSA
1225 I Street, NW, Suite 725
Washington, DC 20005
Phone: (202) 898-2578
Fax: (202) 898-2583
E-Mail: info@nasua.org
Website: www.nasua.org

Caregiving: Selected Websites

Elder Care Locator

This database will link you up with caregiving resources in your area. Sponsored by the US Administration on Aging (AoA), you may call or visit online to access information for families and professionals. Information is retrievable by state, zip code, city and county.

Address: www.eldercare.gov or call 1-800-677-1116

Advanced Directives and End-of-Life Care

End of life decisions can bring with them mixed emotions for both caregiver and care recipient. The resources in this section will help to facilitate those difficult conversations about advanced directives and end of life choices.

Advanced Directives and End-of-Life-Care: Books, Reports, and Web Publications

American Bar Association. *Toolkit for advanced health care planning*. Unknown: American Bar Association, n.d.
Available for PDF download at: www.abanet.org/aging/toolkit/home2.html

Family Caregiver Alliance. *Fact sheet: Durable powers of attorney and revocable living trusts*. San Francisco, CA: Family Caregiver Alliance, 2001.
Available for download at: www.caregiver.org

Family Caregiver Alliance. *Fact sheet: End of life choices: End of life decision making*. San Francisco, CA: Family Caregiver Alliance, 2003.
Available for download at: www.caregiver.org

Family Caregiver Alliance. *Fact sheet: End of life choices: Holding on and letting go*. San Francisco, CA: Family Caregiver Alliance, 2003.
Available for download at: www.caregiver.org

Family Caregiver Alliance. *Fact sheet: Legal issues in planning for incapacity*. San Francisco, CA: Family Caregiver Alliance, 2004.
Available for download at: www.caregiver.org

Family Caregiver Alliance. *Fact sheet: Protective proceedings: Guardianships and conservatorships*. Family Caregiver Alliance, 2004.
Available for download at: www.caregiver.org

Hospice Foundation of America's "Living with Grief" Series: A set of companion readings and videos from the HFA's Annual Bereavement Teleconferences. Each volume focuses on a certain theme, including Alzheimer's disease, loss late in life, and caregiving. For a complete listing visit: www.hospicefoundation.org/publications/books.htm. HFA books and videos may be ordered individually or all together as a series.

Robert Wood Johnson Foundation, & Partnership for Caring. *Talking about your choices*. Unknown: Authors, n.d.

This booklet gives tips for talking with friends and family about end-of-life choices as well as comprehensive definitions of different types of end-of-life care including pain management and life support measures and information about different types of advanced directives.

Available at: www.partnershipforcaring.org/Talking/talkingaboutyourchoices.html

Advanced Directives and End-of-Life-Care: Agencies and Organizations

National Hospice and Palliative Care Organization (NHPCO)

NHPCO offers information on the history of hospice and palliative care as well as tips for finding a hospice provider in your area, understanding hospice benefits under Medicare, and downloadable brochures on advanced planning for end-of-life care. Their website also includes a 'provider finder.'

National Hospice and Palliative Care Organization

1700 Diagonal Road, Suite 625
Alexandria, Virginia 22314
Phone: (703) 837-1500

Website: www.nhpc.org

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Family Caregiving

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Hospice Foundation of American (HFA)

HFA offers a searchable database containing resources for hospice and end-of-life care, as well as disease-specific resources and information on grief and bereavement. HFA also publishes monthly E-Mail newsletters and archives past newsletters for download. Subscribe by sending an E-Mail to join.

Mail to: hospice@pluto.sparklist.com

Hospice Foundation of America (HFA)
2001 S St., NW #300
Washington, DC 20009
Phone: 1-800-854-3402

Website: www.hospicefoundation.org

Partnership for Caring (PFC)

Partnership for Caring is a national organization which advocates for quality end-of-life care. PFC offers a multitude of downloadable resources for consumers and professionals on end-of-life care and advanced directives.

Partnership for Caring (National Office) 1620 Eye Street, NW, Suite 202,
Washington, DC 20006
Phone: (202) 296-8071
Hotline: 1-800-989-9455

Website: www.partnershipforcaring.org

Advanced Directives and End-of-Life-Care: Selected Websites

AARP Legal Issues Center

This is a component of the AARP which offers links to information about advanced directives including power of attorney and guardianship as well as information on estate planning, living wills, and tips for finding affordable legal help.

Address: www.aarp.org/money/legalissues

Growth House Online Guide to Death, Dying, Grief, Bereavement, and End-of-Life Issues

This online resource provides a wealth of reviewed resources pertaining to end-of-life topics.

Address: www.growthhouse.org/

Partnership for Caring Advanced Directive Frequently Asked Questions

This website provides answers to consumer-directed questions about advanced directives and gives definitions of the types of advanced planning documents.

Address:
www.partnershipforcaring.org/Advance/faq_set.html

AARP End-of-Life Resources

Visit this site for information on estate planning, advanced directives, hospice, and palliative care.

Address: www.aarp.org/life/endoflife.

Partnership for Caring Advanced Directive Registration

This is a free web-based service that allows you to download state-specific advanced directive documents in a PDF format.

Address:
www.partnershipforcaring.org/Advance/documents_set.html or for more information call their hotline at 1-800-989-9455

Aging and Disabilities

This chapter outlines resources on aging with a disability. Disability, a broad term at best, covers a range of conditions and experiences, often resulting from medical conditions, including developmental disabilities that one experiences throughout life as well as disabilities that present themselves later in life. Disabilities can include, to name a few, cognitive disabilities, visual impairments, hearing impairments, functional disabilities associated with age or disease, developmental disabilities and spinal cord injury.

While some of the selected resources speak to disability in general, the experience of aging with a disability should be seen as distinct from other points throughout the lifespan. It is important to keep in mind that many older adults with disabilities experience not only the stigma that is associated with a disability but also the stigma and challenges that come with growing older. Resources available in this topic area all share a fundamental mission of helping older adults maintaining independence, health and well-being. Advocacy, education, and research at the core of this issue aim to bring an awareness of disabilities into models of practice, policy and intervention where that perspective is otherwise lost.

IN THIS CHAPTER

• Aging and Disabilities Resources

Aging and Disabilities: Books, Reports, and Web Publications

Albrecht, G. L., Seelman, K. D., & Bury, M. *Handbook of disability studies*. Thousand Oaks, CA: Sage Publications, 2001.

Bigby, C. *Ageing with a lifelong disability: A guide to practice, program and policy issues for human service professionals*. New York: Jessica Kingsley Publishers, 2004.

DePoy, E., & Gilson, S. F. *Rethinking disability: Principles for professional and social change*. Pacific Grove, CA: Wadsworth, 2004.

Hammel, J., & Nochajski, S. M. *Aging and developmental disability: Current research, programming, and practice implications*. New York: Haworth, 2000.

Herr, S. S., & Weber, G. *Aging, rights and quality of life: Prospects for*

older people with developmental disabilities. Baltimore, MD: Brookes Publishing, 1999.

Janicki, M. P., & Ansello, E. F. (Eds.). *Community supports for aging adults with lifelong disabilities*. Baltimore, MD: Brookes Publishing, 2000.

Janicki, M. P., & Dalton, A. J. (Eds.). *Dementia, aging and intellectual disabilities: A handbook*. Philadelphia, PA: Brunner/Mazel, 1999.

Kane, R. A., Kane, R. L., & Ladd, R. C. *The heart of long-term care*. New York: Oxford University Press, 1998.

Lavin, C., & Doka, K. J. *Older adults with developmental disabilities*. Amityville, NY: Baywood Publishing, 1999.

Stone, R. *Long-term care for the elderly with disabilities: Current policy, emerging trends, and implications for the twenty-first century*. New York, NY: Millbank Memorial Fund, 2000.

Aging and Disabilities: Audiovisual Resources

National Clearinghouse of Rehabilitation Training Materials (NCR TM)

This clearinghouse, supported by Oklahoma State University and the Rehabilitation Services Administration, offers multiple materials on topics related to rehabilitation and aging with a disability. The NCR TM provides an on-line searchable catalog of materials including video cassette, manuals, books and CD ROMs.

NCR TM

206 W. Sixth Street

Oklahoma State University

Stillwater, OK 74078-4080

Phone: 1-800-223-5219 (toll-free)

TDD: (405) 744-2002

Website: www.nchrtm.okstate.edu

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Aging and Disabilities

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Aging and Disabilities: Agencies and Organizations

Alliance for Technology Access (ATA)

This organization is an alliance of community technology resource centers created to increase access to technology for adults and children with a disability of functional limitation. The alliance creates personal empowerment for those with disabilities through education, information, referral, community capacity building, and advocacy. The ATA is currently comprised of 40 centers nationally.

Alliance for Technology Access
1304 Southpoint Blvd., Suite 240
Petaluma, CA 94954
Voice: (707) 778-3011
TTY: (707) 778-3015
Website: www.ataaccess.org

American Council of the Blind (ACB)

This council works to improve the lives and well-being of those who are blind by improving educational, rehabilitation facilities and opportunities. The council also engages in public education in addition to collaboration with public and private institutions that serve the blind in order to both encourage and assist individuals who are blind or visually impaired.

American Council of the Blind
1155 15th Street, NW, Suite 1004
Washington, DC 20005
Phone: (202) 467-5081
1-800-424-8666 (toll-free)
Website: www.acb.org

National Institute on Disability and Rehabilitation Research (NIDRR)

NIDRR is one of three components of the Office of Special Education and Rehabilitative Services (OSERS) at the U.S. Department of Education.

NIDRR sponsors research related to disability and rehabilitation. NIDRR efforts include generating and disseminating knowledge pertaining to disabilities so that those with disabilities can live as independently as possible.

National Institute on Disability and Rehabilitation Research
400 Maryland Avenue, SW
Washington, DC 20202-7100
Voice: (202) 245-7640
TTY: (202) 245-7316
Website: www.ed.gov/about/offices/list/osers/nidrr/index.html

Network on Environments, Services, and Technologies for Maximizing Independence (NEST)

NEST is a constituent group of the American Society on Aging that brings together professionals working with older adults who have disabilities either late life disabilities or life long developmental disabilities. NEST works to improve the independence and functional capacity of older adults with disabilities through sharing information among professionals relating to topics such as assistive technology, policies, consumer and provider information and transportation.

NEST
American Society on Aging
833 Market Street
Suite 511
San Francisco, CA 94103
Phone: 1-800-537-9728 (toll-free)
Website: www.asaging.org/nest

Lighthouse International

Lighthouse International, a non-profit organization, is a resource for information on visual impairment and vision rehabilitation. This organization develops vision rehabilitation models which are shared internationally in addition to training professionals, conducting research on visual function and psychosocial consequences of vision loss, developing consumer and professional products and

advocating for equality in access and inclusion for those with visual impairments.

Lighthouse International
111 East 59th Street
New York, NY 10022-1202
Phone: 1-800-829-0500
Website: www.lighthouse.org

American Association on Mental Retardation (AAMR)

This association promotes universal rights for all people with intellectual disabilities through progressive policies, effective practice, and research. The AAMR meets this mission through establishing partnerships with other organizations, advocacy, public education, professional development and multidisciplinary collaboration.

AAMR
444 North Capitol Street, NW
Suite 846
Washington, DC 20001-1512
Phone: 1-800-424-3688 (toll-free)
Website: www.aamr.org

The Arc

The Arc is an organization that works toward community inclusion for children and adults with developmental disabilities while improving services and supports for people with mental retardation through advocacy on the state and national level. Their website includes information on aging with a developmental disability including information on the topics of Alzheimer's disease, hearing loss, caregiver support, and women's health issues as they relate to people with developmental disabilities.

The Arc of the United States
1010 Wayne Avenue, Suite 650
Silver Spring, MD 20910
Phone: (301) 565-3842
Website: www.thearc.org

Office of Disability, Aging and Long-Term Care Policy

This office oversees the development and evaluation of Department of Health and Human Services policies and

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Aging and Disabilities

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programs with regard to the independence and care needs of persons with disabilities. The website includes a listing of government reports on office activities and also information regarding current research projects undertaken by this division.

U.S. Department of Health and Human Services
Office of Disability, Aging and Long-Term Care Policy
Room 424E, H.H. Humphrey Building
200 Independence Avenue, SW
Washington, DC 20201
Phone: (202) 690-6443
Website: <http://aspe.os.dhhs.gov/daltcp/home.shtml>

World Institute on Disability (WID)

The WID is a nonprofit public policy center with a mission to promote the civil rights and societal inclusion of people with disabilities both national and worldwide. Center engages in research and education efforts to advance informed public policy and law. Website includes reports pertaining to disabilities and the status of persons with disabilities nationally and internationally as well as information on current WID projects.

World Institute on Disability
510 16th Street, Suite 100
Oakland, California 94612
Phone: (510) 763-4100
TTY: (510) 208-9496
Website: www.wid.org

Aging and Disabilities: Selected Websites

World Health Organization Website

This website includes information on aging topics in addition to aging and disabilities reports with an international scope.

Address: www.who.org

Americans with Disabilities Act Website

The government-based link to information about the Americans with Disabilities Act including links, publications and information on other agencies of the government that deals with the enforcement of the ADA.

Address: www.ada.gov

Disability Information Website

The government's disability information page includes resources pertaining to independent living, health, housing, civil rights, employment and education.

Address: www.disabilityinfo.gov

WebABLE

WebABLE is an online library with links and information about accessibility, assistive, and adaptive technology for people with disabilities.

Address: www.webable.com

World Institute on Disability Website

This website includes reports and statistics on disability and the status of people with disabilities worldwide.

Address: www.wid.org

Aging and Disabilities: Selected Research Resources

Rehabilitation, Research and Training Center on Aging with a Disability

This center is a collaborative effort between Rancho Los Amigos National Rehabilitation Center and the University of California, Irvine. Center objectives include conducting applied and longitudinal research pertaining to aging with a disability as well as disseminating research findings to the public and professionals via trainings, publications and conference presentations.

Rehabilitation Research and Training Center on Aging with a Disability
Rancho Los Amigos National Rehabilitation Center
701 E. Imperial Hwy, 800 West Annex
Downey, CA 90242
Phone: (562) 401-7402
Website:
www.agingwithdisability.org

Syracuse University Center on Human Policy

The center engages in policy formulation, research and advocacy on a local, national, and international level in order to improve and maintain the rights of individuals with disabilities. The Center on Human Policy provides information nationally to persons with disabilities, their families and the general public in addition to offering consultation and training to various groups on a local, national and international level.

The Center on Human Policy
Syracuse University
805 South Crouse Avenue
Syracuse, NY 13244-2280
Phone: 1-800-894-0826 (toll-free)
TTY: (315) 443-4355
Website: <http://soeweb.syr.edu/thechp>

The University of Montana Rural Institute

This is one of the Centers for Excellence in Disability Education, Research and Service Nationwide. The center engages in interdisciplinary research, service, dissemination, leverage of funds, technical assistance and training, and demonstration projects. They are funded through the Administration on Developmental Disabilities.

The University of Montana Rural Institute:
A Center for Excellence in Disability Education, Research and Services
52 Corbin Hall
The University of Montana
Missoula, MT 59812-7056
Phone: 1-800-732-0323
voice/TTY toll-free
Website: <http://ruralinstitute.umt.edu>

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Aging and Disabilities

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Aging and Disabilities: Statistical Resources

University of California, San Francisco Disability Statistics Center

The center is a part of University of California San Francisco's Institute for Health & Aging that provides statistics on demographics and the status of those with disabilities in the United States. The Center receives funding from the National Institute on Disability and Rehabilitation Research.

UCSF Disability Statistics Center
Institute for Health & Aging
3333 California Street, Suite 340
San Francisco, CA 94118
Address: www.dsc.ucsf.edu

National Center for the Dissemination of Disability Research (NCDDR)

This center is funded through the National Institute on Disability and Rehabilitation Research (NIDRR) to disseminate information, research the information needs of target populations, conduct demonstration projects testing innovative access strategies, and provide technical assistance to NIDRR grantees.

National Center for the Dissemination
of Disability Research
Southwest Educational Development
Laboratory
211 East Seventh Street, Suite 400
Austin, TX 78701-3253
Phone: 1-800-266-1832 (toll-free)
Website: www.ncddr.org

InfoUse Project on Disability Data, National Institute on Disability and Rehabilitation Research

This is an accessible information project funded by NIDRR which provides online access to chart book reports on topics related to disability including women and disability, mental health and disability, work and disability, and disability in the United States.

Address: [www.infouse.com/
disabilitydata/home/index.php](http://www.infouse.com/disabilitydata/home/index.php)

Cultural and Ethnic Awareness

Cultural and ethnic awareness requires that one look into, and learn more about a person's background, their history, and their lives or even our personal backgrounds, histories, and lives. Being aware of the customs and beliefs of a particular cultural or ethnic group will facilitate interactions as well as understanding. One of the best ways to begin a conversation about one's cultural and ethnic background is to just ask, be open to learning more, and stepping outside of your own cultural lens. Being culturally aware also means being sensitive to the discrimination that an older adult may have faced, or may be still facing today because of their cultural or ethnic background.

IN THIS CHAPTER

• Cultural and Ethnic Awareness Resources

Cultural and Ethnic Awareness: Books, Reports, and Web Publications

Angel, R. *Who will care for us?: Aging and long-term care in multicultural America*. New York: New York University Press, 1997.

Burlingame, V. S. *Ethnogerocounseling: Counseling ethnic elders and their families*. New York: Springer Publishing, 1999.

Eisler, R. M., & Hersen, M. *Handbook of gender, culture and health*. Mahwah, NJ: Lawrence Erlbaum and Associates, 2000.

Gelfand, D. E. *Aging and ethnicity: Knowledge and services* (2nd ed.). New York: Spring Publishing, 2003.

Markides, K. S., & Miranda, M. R. *Minorities, aging and health*. Thousand Oaks, CA: Sage Publications, 1997.

U.S. Administration on Aging. *Achieving cultural competence: A guidebook for providers of services to older Americans and their families*. U.S. Department of Health and Human Services: Washington, D.C., 2001.

Available in PDF format at: <http://www.aoa.gov/prof/adddiv/cultural/CC-guidebook.pdf>

Cultural and Ethnic Awareness: Audiovisual Resources

The National Media Owl Award Video Collection

This is a collection of videos held at the University of North Texas Media Library that have won the National Media Owl Award Competition from 1984-1998 sponsored by the Retirement Research Foundation.

The purpose of the competition was to identify outstanding movies and television programs about aging related issues. Videos are available for a rental fee to those both in-state (Texas) and out-of-state. A list of videos and productions related to aging and cultural and ethnic diversity can be found on their website.

National Media Owl Award Video Collection
University of North Texas Media Library
P.O. Box 305190
Denton, TX 76203-5190
Phone (940) 565-2484
Fax (940) 369-7396
E-Mail: medialibrary@library.unt.edu
Website: www.library.unt.edu/owl/ethnic.htm

Cultural and Ethnic Awareness: Agencies and Organizations

The National Caucus and Center on Black Aged (NCBA)

The NCBA is an organization that works toward a better quality of life for older African Americans and low income minorities through research, education, advocacy, employment training for older adults, older adult housing planning and development, and professional training. NCBA's website contains information and resources for both older African Americans and service providers who work with African Americans.

National Caucus and Center on Black Aged
1220 L Street NW, Suite 800
Washington, DC 20005
Phone: (202) 637-8400
Website: www.ncba-aged.org

National Indian Council on Aging (NICOA)

The National Indian Council on Aging was formed by a group of tribal chairmen in 1976 to advocate on behalf of the nation's elder American Indian and Alaskan Natives. The NICOA works toward a better quality of life for Native elders through

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Cultural and Ethnic Awareness

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engaging in advocacy, employment training, dissemination of information, and data support.

The National Indian Council on Aging
10501 Montgomery Blvd., NE, Suite 210
Albuquerque, NM 87111-3846
Phone: (505) 362-2001
Website: www.nicoa.org

Asociacion Nacional Pro Personas Mayores (National Association for Hispanic Elderly) (ANPPM)

ANPPM's efforts focus on making positive social change on behalf of older Hispanics. Some of this organization's efforts include research on topics that impact older Hispanics, technical training and assistance to other organizations and agencies, production and dissemination of information in bilingual formats, as well as administration of programs for older adults.

National Association for Hispanic Elderly
234 East Colorado Blvd., Suite 300
Pasadena, CA 91101
Phone: (626) 564-1988
Website: www.anppm.org

National Asian Pacific Center on Aging (NAPCA)

The National Asian Pacific Center on Aging is an organization that represents the interests of Asian Pacific Americans on a local, state and national level. In addition to its advocacy efforts, the NAPCA works to educate the general public about the specific needs of older Asian Pacific adults as well as empower older adults and their communities to meet the needs and challenges of the aging Asian Pacific population.

NAPCA
1511 Third Avenue, Suite 914
Seattle, WA 98101
Phone: (206) 624-1221
Fax: (206) 624-1023
Website: www.napca.org

Cultural and Ethnic Awareness: Selected Websites

Scharlach, A.E., Fuller-Thomson, E., &

Kramer, B.J. *Curriculum Modules on Aging and Ethnicity*. Berkeley, CA: University of California, School of Social Welfare, 1994. This online module includes suggested readings and audiovisual resources on ethnicity and aging.

Address: <http://socrates.berkeley.edu/~aging/ModuleMinority1.html>

American Civil Liberties Union (ACLU) Website

The ACLU, described as "our nation's guardian of liberty", works to defend and protect individual liberties and rights especially for those populations traditionally denied their rights. The ACLU website contains information on racial equality as it pertains to housing, voting rights, education and other topics.

Address: www.aclu.org

Cultural and Ethnic Awareness: Selected Research Resources

Resource Centers for Minority and Aging Research (RCMAR)

The Resource Centers for Minority and Aging research, established by the National Institute on Aging and the National Institutes on Health, is a group of university-based research centers that conducts research related to minority aging. The centers work to encourage researchers to pursue research in this topic area as well as mentor minority researchers to increase the diversity of the professional workforce, and encourage minority elders to participate in research. Current centers within the RCMAR work in areas related to Native American and Alaskan Native aging, and urban African American aging, in addition to eliminating gaps and decreasing racial disparities in healthcare between Latino, African American, and other groups of older adults.

RCMAR II Coordinating Center
UCLA Multicampus Program in Geriatric Medicine and Gerontology
10945 Le Conte Avenue, Suite 2339
Box 951687

Los Angeles, CA 90095-1687
Phone: (310) 312-0536
Website: www.rcmar.ucla.edu/

National Resource Center on Native American Aging (NRCNAA)

The NRCNAA, based out of the University of North Dakota, works toward a better quality of life for older Native American, Alaskan Native, and Native Hawaiians through fostering community-based solutions that improve access and delivery of services to older natives through working with service providers, community and tribal members.

NRCNAA
PO Box 9037
Grand Forks, ND 58202-9037
Phone: (701) 777-3848
Website: www.med.und.nodak.edu/depts/rural/nrcnaa/

University of North Carolina Institute on Aging, Center for Aging and Diversity

This center focuses its research efforts on the health disparities found in diverse populations in older age and throughout life. Research findings are disseminated to both public and professional audiences.

Center for Aging and Diversity
UNC Institute on Aging
University of North Carolina at Chapel Hill
720 Airport Rd., Suite 100
CB#1030
Chapel Hill, NC 27599
Phone: (919) 966-6817
Website: www.aging.unc.edu/cad/

Cultural and Ethnic Awareness: Statistical Resources

Sources for statistics include many of the organizations above as well as the U.S. Bureau of the Census, National Center for Health Statistics, U.S. Administration on Aging, and the American Association of Retired Persons.

Gay, Lesbian, Bi-Sexual, and Transgender (GLBT) Issues Related to Aging

The issues related to being a gay, lesbian, bisexual or transgendered person extend across one's lifespan. Many older adults today have lived in silence about being a gay, lesbian, bi-sexual, or transgendered person and so any intervention with older adults should be sensitive to this experience.

IN THIS CHAPTER

• Cultural and GLBT Resources

GLBT: Books, Reports, and Web Publications

Cahill, S., South, K. & Spade, J. *Outing age: Public policy issues affecting gay, lesbian, bisexual, and transgender elders*. New York, NY: The National Gay and Lesbian Taskforce Foundation, 2000.

Available for download at:
www.thetaskforce.org/downloads/outingage.pdf

Cantor, M. H., Brennan, M., & Shippy, R. A. *Caregiving among lesbian, gay, bisexual and transgender New Yorkers*. New York, NY: National Gay and Lesbian Taskforce Policy Institute, 2004.

Available for download at:
www.thetaskforce.org/downloads/Caregiving.pdf

Cook-Daniels, L. *Lesbian, gay male, bisexual, and transgendered elders: Elder abuse and neglect issues*. Unknown: Author, 2002.

Available for download at: www.forge-forward.org/handouts/tgelderabuse-neglect.html

Cook-Daniels, L. *Transgender elders and significant others, friends, families, and allies: A primer for service providers*. Unknown: Author, 2002.

Available for download at: www.forge-forward.org/handouts/TransEldersSOFFAs-web.pdf

Curry, H., & Hertz, F. *Legal guide for lesbian and gay couples*. Berkley, CA: Nolo Press, 2004.

Family Caregiver Alliance. *Fact sheet: GLBT caregiving: Frequently asked questions*. Unknown: Family Caregiver Alliance, n.d.
Available online at:
www.caregiver.org

Family Caregiver Alliance. *Fact sheet: Legal issues for GLBT caregivers*. Unknown: Family Caregiver Alliance, n.d.
Available online at:
www.caregiver.org

Herdt, G. H., & De Vries, B. (Eds.). *Gay and lesbian aging: Research and future directions*. New York: Springer Pub. Co., 2004.

GLBT: Agencies and Organizations

The National Gay and Lesbian Task Force (NGLTF)

NGLTF is a national organization dedicated to upholding the civil right of gay, lesbian, bisexual, and transgendered people. Their aging initiative is in place to raise awareness of the issues facing the aging GLBT population through research, networking, and training.

The National Gay and Lesbian Task Force (NGLTF)

National Gay and Lesbian Task Force
1325 Massachusetts Ave., NW,
Suite 600
Washington, DC 20005
Phone: (202) 393-5177
Website: www.thetaskforce.org

Lesbian and Gay Aging Network (LGAIN)

Affiliated with the American Society on Aging, LGAIN offers a comprehensive resource list for elder care professionals that includes periodical, multimedia, and online materials relevant to the GLBT aging population.

Lesbian and Gay Aging Issues
Network (LGAIN)
American Society on Aging
833 Market St., Suite 511
San Francisco, CA 94103
Phone: 1-800-537-9728
Website: www.asaging.org/networks/lgain

Transgender Aging Network (TAN)

As an online resource, TAN offers resources and support for transgendered elders and their friends and families as well as educational materials for professionals.

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Gay, Lesbian, Bi-Sexual, and Transgender (GLBT) Issues Related to Aging

(continued from page 32)

Transgender Aging Network
6990 North Rockledge Ave
Glendale, WI 53209
Phone: (414) 540-6459
Website: www.forge-forward.org/tan

Gay and Lesbian Medical Association (GLMA)

GLMA is an association of healthcare professionals dedicated to providing quality, supportive healthcare for the GLBT population. GLMA offers free referrals to GLBT healthcare professionals in your area.

Gay and Lesbian Medical Association (GLMA)
459 Fulton Street, Suite 107
San Francisco, CA 94102
Phone: (415) 255-4547
Website: www.glma.org

Senior Action in Gay Environment (SAGE)

SAGE is the nation's largest social service and advocacy organization dedicated to the GLBT elder population as well as the founder of a nationwide network of support services for GLBT elders and their families. Copies of the resource directory are available online in PDF format.

Senior Action in Gay Environment (SAGE)
305 Seventh Ave, 16th Floor
New York, NY 10001
Phone: (212) 741-2247
Website: www.sageusa.org

Lambda Legal Defense and Education Fund

Lambda Legal is a national organization committed to upholding the civil rights of the GLBT population. Services include a "help desk" to assist with legal inquiries and publications. For additional information, or to locate the Lambda Legal office that serves your state, contact their headquarters or visit the website.

Lambda Legal Defense and Education Fund: National Headquarters

120 Wall Street, Suite 1500
New York, NY 10005-3904
Phone: (212) 809-8585
Fax: (212) 809-0055
Website: www.lambdalegal.org

Older Lesbians Organizing for Change (OLOC)

An organization of regional groups for lesbians over the age of 60, OLOC seeks to confront ageism and discrimination, and to celebrate diversity among the older adult population. OLOC also publishes a quarterly newsletter that focuses on current issues and legislation pertinent to the lesbian community.

Older Lesbians Organizing for Change (OLOC)
P. O. Box 980422
Houston, TX 77098
E-Mail: info@oloc.org
Website: www.oloc.org

GLBT: Selected Websites

GLBT Senior Services Directory

This is an online list of state and national resources for GLBT elders compiled by SAGE.

Address: www.sageusa.org/directory.htm

Crimes Against Older Adults

Unfortunately older adults, like many other populations are susceptible to crime. In order for older adults to make safe decisions for themselves, it is important that they stay armed with knowledge of the how crime takes place, what steps can be taken to recover their lives, and well-being after a crime has been committed.

IN THIS CHAPTER

- **Elder Abuse and Neglect**
- **Fraud and Scams**

Elder Abuse and Neglect

Abuse and neglect at the hands of a loved one or paid care provider can be terrifying, devastating, and unimaginable. The resources in this section will acquaint you with the realities of elder abuse and neglect and how, as a practitioner, you can become more aware of this issue and educate the older adults you serve about the impact that abuse and neglect may have in their lives or in a friend or family member's life. This crucial issue cannot be ignored as the lives of many older adults are at risk if community and family members remain silent.

Elder Abuse and Neglect: Books, Reports, and Web Publications

Baumhover, L. A., & Beall, S. C. *Abuse, neglect, and exploitation of older persons: Strategies for assessment and intervention*. Baltimore, MD: Health Professions Press, 1996.

National Center on Elder Abuse. *Frequently asked questions about elder abuse*. Unknown: National Center on Elder Abuse, n.d. Available for download at: www.elderabusecenter.org.

National Research Council Staff. *Elder mistreatment, abuse, neglect, and exploitation in an aging America*. Washington, DC: National Academies Press, 2002.

Sandell, D. S. & Hudson, L. P. *Ending elder abuse: A family guide*. Fort Bragg: QED Press, 2000.

US Administration on Aging. *Fact sheet: Elder abuse prevention*. Unknown: AoA, n.d. Available for download at: www.aoa.dhhs.gov

Elder Abuse and Neglect: Selected Journals

The Journal of Elder Abuse & Neglect

Editorial Information:
T. Fulmer Editor-in-Chief

Issues: Published quarterly, available in both print and electronic formats.

Description: *The Journal of Elder Abuse & Neglect* is devoted to the study of the causes, effects, treatment, and prevention of the mistreatment of older people. It is the nation's oldest and most comprehensive source of information on elder abuse and neglect. Articles target researchers, educators, practitioners, and policymakers in the fields of aging, health, mental health, social services, adult protective services, domestic violence, law, and criminal justice.

Ordering information:
The Haworth Press Inc.
10 Alice St., Binghamton, NY 13904
Phone: 1-800-429-6784 (US/Canada)
(607) 722-5857 (Outside US/Canada)
Fax: 1-800-895-0582 (US/Canada)

(607) 771-0012 (Outside US/Canada)
Website: www.haworthpressinc.com

Elder Abuse and Neglect: Audiovisual Resources

Elder Abuse and Neglect in the Family: A Videotape Series.

This series is available from the National Committee to Prevent Elder Abuse, this three part training series gives an overview of elder abuse and neglect, intervention strategies for professionals, and ethical issues for professionals. For ordering information visit: www.preventelderabuse.org

Elder Abuse and Neglect: Agencies and Organizations

The National Center on Elder Abuse (NCEA)

The National Center on Elder Abuse is a national resource for elder rights, law enforcement and legal professionals, public policy leaders, researchers, and the public. The center's mission is to promote understanding, knowledge sharing, and action on elder abuse, neglect, and exploitation.

The National Center on Elder Abuse
1201 15th Street, NW, Suite 350
Washington, DC 20005
Phone: (202) 898-2586
Website: www.elderabusecenter.org

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Crimes Against Older Adults

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National Committee for the Prevention of Elder Abuse

This is a group of professionals who advocate for the prevention of abuse, neglect, and exploitation of older persons and adults with disabilities through research, advocacy, public and professional awareness, interdisciplinary exchange, and coalition building

National Committee for the Prevention of Elder Abuse
1612 K Street, NW
Washington, DC 20006
Phone: (202) 682-4140
Website: www.preventelderabuse.org

Elder Abuse and Neglect: Listserves (Bulletin Boards)

NCEA Elder Abuse Listserv: a bulletin board forum for elder care professionals. For additional information on how to subscribe, visit www.elderabusecenter.org

Elder Abuse and Neglect: Selected Websites

Clearinghouse on Abuse and Neglect of the Elderly (CANE)

This is the largest searchable archive of research and resources on elder abuse and neglect in the U.S. CANE includes a database with links to publications available on the web, as well as an annotated bibliography series on various subjects related to elder abuse, including mental health, cultural issues, and financial exploitation.

CANE can be accessed through www.elderabuse.org

Elder Abuse and Neglect: Statistical Resources

National Center on Elder Abuse: Statistics, Research and Resources: Offers links to recent research on elder abuse and neglect. Visit at www.elderabusecenter.org

Fraud and Scams

Many older adults are taken advantage of each year by criminals posing as telemarketers, salesmen, government officials, and employees of charities. These criminals often take money, valuables, life savings and even the identities of their victims. Because the schemes that are used against older adults change and morph as each is discovered and publicized, it is crucial to stay connected with up-to-date information about the types of scams and frauds that are being used against older adults and what avenues to take when fraud is suspected.

Fraud and Scams: Books, Reports, and Web Publications

AARP. *Fraud Fighters Handbook*. Unknown: AARP, n.d.

This publication, specifically designed for older adults, family members and other concerned professionals, is an AARP Handbook which describes the types of fraud and how to avoid being the victim of fraud. This publication can also be used to train community members to identify those at risk for experiencing fraud and educate seniors and other community members about frauds and scams.

Ordering Information:
Fraud Fighters
AARP Washington
9750 3rd Avenue NE, Suite 450
Seattle, WA 98115
Website: www.aarp.org

Anders, K. *Elder Fraud: Financial Crimes Against the Elderly*. Denver: National Conference of State Legislatures, 1999.

Federal Trade Commission, & AARP. *Id Theft: What's It All About?* [brochure] Unknown: Authors, 2003. Available online from <http://www.ftc.gov/bcp/online/pubs/credit/idtheftmini.pdf>

Journal of Elder Abuse and Neglect - Volume 12, Issue No. 2
This special issue of the *Journal of Elder Abuse and Neglect* is devoted to financial crime and abuse against elders. T. Fulmer Editor-in-Chief.

Ordering information: See the *Elder Abuse and Neglect: Selected Journals* section for ordering information for this journal.

Nerenberg, L., & National Center on Elder Abuse. *Forgotten victims of elder financial crime and abuse: A report and recommendations*. Washington, DC: NCEA, 1999.
Available online at: <http://www.elderabusecenter.org/pdf/publication/fvefca.pdf>

United States Department of Health and Human Services, Centers for Medicare and Medicaid Services. *Pay it right! Protecting Medicare from Fraud*. Baltimore, MD.: Centers for Medicare and Medicaid Services, 2003.
Available in PDF format at: <http://www.medicare.gov/Publications/Pubs/pdf/10111.pdf>

United States Senate, Special Committee on Aging. *Identity theft: The nation's fastest growing crime wave hits seniors*. Washington: GPO, 2002.
Available online from: <http://www.access.gpo.gov/congress/senate/senate22sh107.html>

Fraud and Scams: Audiovisual Resources

They Can't Hang Up is a 20 minute video produced by the National Consumers League featuring personal stories of telemarketing fraud told by seniors and includes advice for seniors and their families. This video can be ordered through the National Consumers League:

National Consumers League
1701 K Street, NW, Suite 1200
Washington, DC 20006
Phone: (202) 835-3323
Website: www.nclnet.org

Fraud and Scams: Agencies and Organizations

National Center for Victims of Crime (NCVC)

This is an organization that engages in advocacy in addition to collecting and
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Crimes Against Older Adults

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disseminating information about crime and victim resources. The center educates those who work with crime victims and also helps victims of crime cope with and understand the crime they have experienced. The NCVC also provides resources to those seeking justice.

National Center for Victims of Crime
2000 M Street, NW, Suite 480
Washington, DC 20036
Phone: (202) 467-8700
Referral helpline: 1-800-FYI-CALL (394-2255)
Website: www.ncvc.org

National Fraud Information Center

This center provides information on different types of frauds and scams including internet fraud. The website has a form that you can use to report fraud. The center also runs a hotline that you can call to report fraud, learn more about the signs of fraud, or how to avoid becoming a victim.

Hotline: 1-800-876-7060
(From outside the U.S., Canada, or Puerto Rico, dial 1-202-331-8590)
Website: www.fraud.org

National Association of Triads INC. (NATI)

Triads, the partnership of community members, law enforcement, and older adults, are an important part of community safety. The National Association of Triads has information about local triads and a handbook is available in PDF format for those interested in starting a triad in their local area. Website features phone numbers to call to report different forms of fraud.

NATI
1450 Duke Street
Alexandria, VA 22314
Phone: (703) 836-7827
Website: www.nationaltriad.org

American Association of Retired Persons Consumer Protection Unit

This is the division of the AARP that promotes the protection of consumers

who are 50 years of age or older. The Consumer Protection Unit provides information about current issues for consumers and information about how older adults can protect themselves from fraud and scams.

AARP Consumer Protection
601 E St., NW
Washington, DC 20049
Phone: (202) 434-2222
Website: www.aarp.org/money/consumerprotection/

National Consumer Law Center (NCLC)

The National Consumer Law Center provides information on consumer law for consumers, public policy makers, and consumer advocates. The NCLC oversees a senior's initiative, which provides information to older consumers and their advocates. The center does provide some local legal assistance and training as resources permit. The NCLC website includes information targeting consumers and also has legal advocate materials.

National Consumer Law Center (NCLC)
77 Summer St.
10th Floor
Boston, MA 02110-1006
Phone: (617) 542-8010
E-Mail: consumerlaw@nclc.org
Website: www.consumerlaw.org

National Association of Attorney Generals (NAAG)

The NAAG was created to facilitate communication and information sharing between Attorney Generals on important and timely law topics. This organization provides information on: current issues in law, elder fraud and scams, how to report a scam or fraud and how to access your state Attorney General.

The National Association of Attorneys General
750 First Street, NE, Suite 1100
Washington, DC 20002
Phone: (202) 326-6000
Website: www.naag.org

United States Department of Justice (USDOJ)

The federal agency with administrative responsibility for criminal and justice matters, their criminal division works closely on matters related to fraud. The USDOJ website provides information to citizens about criminal law issues.

U.S. Department of Justice
950 Pennsylvania Avenue, NW
Washington, DC 20530-0001
Website: www.usdoj.gov
Fraud Website: www.usdoj.gov/fraud.htm

Fraud and Scams: Selected Websites

Federal Citizen Information Center Scams and Frauds Website

This website provides up-to-date information on the latest scams and frauds of which to be aware.
Address: www.pueblo.gsa.gov/scamsdesc.htm

Fraud and Scams: Statistical Resources

Federal Trade Commission Id Theft Statistics Website

This website includes information on national rates of Id Theft and also state by state statistics on Id Theft.
Address: www.consumer.gov/idtheft/stats.html

Consumer Sentinel Project Team Website

The Consumer Sentinel Project Team is a collaboration of national law enforcement agencies and organizations that provides information and statistics on fraud trends and an overview of fraud trends by metropolitan area.

Consumer Sentinel Project Team
600 Pennsylvania Avenue, NW
Washington, DC 20580
Website: www.consumer.gov/sentinel/index.html

Professional Development for the Geriatric Care Manager

This chapter offers resources specifically for geriatric care managers to improve their practice knowledge and skills with respect to the following topics:

IN THIS CHAPTER

- **Ethics and Legal Issues**
- **Grant Opportunities and Research**

Ethics and Legal Resources

When working with clients of all ages and circumstances legal and ethical dilemmas are bound to arise. These resources are available to guide your decision making process, inform you of legal resources, and provide information for clients. You may also find it helpful to seek guidance through your state's division of elder service or protection unit, your professional licensing committee or regulatory board, or outside professional supervision.

Ethics and Legal: Books, Reports, and Web Publications

Ahia, C. E. *Legal and ethical dictionary for mental health professionals*. Lanham, MD: University Press of America, 2003.

Aiken, T. D. *Legal, ethical, and political issues in nursing* (2nd ed.). Philadelphia: F.A. Davis, 2004.

Bailey, D. M., Schwartzberg, S. L. (Eds.). *Ethical and legal dilemmas in occupational therapy* (2nd ed.). Philadelphia: F.A. Davis, 2003.

Orentlicher, D. *Matters of life and death: Making moral theory work in medical ethics and the law*. Princeton, NJ: Princeton University Press, 2001.

Reamer, F. G. *Ethical standards in social work: A review of the NASW code of ethics*. Washington, DC: NASW Press, 1998.

Springhouse Corporation. *Nurse's legal handbook* (5th ed.). Philadelphia: Lippincott Williams & Wilkins, 2004.

Storch, J. L., Rodney, P., & Starzomski, R. (Eds.). *Toward a moral horizon: nursing ethics in leadership and practice*. Toronto: Pearson Prentice Hall, 2004.

Swisher, L. L., & Krueger-Brophy, C. *Legal and ethical issues in physical therapy*. Boston: Butterworth-Heinemann, 1998.

Ethics and Legal: Selected Journals

HealthCare Ethics Committee Forum: An Interprofessional Journal on Healthcare Institutions' Ethical and Legal Issues

Editorial Information: Mark J. Cherry, Dept. of Philosophy, Saint Edward's University, Austin, TX, Editor in Chief

Issues: Published quarterly, available in both print and electronic formats

Description: The HealthCare Ethics Committee Form (HEC Forum) is an

international journal appealing to physicians, nurses, social workers, risk managers, attorneys, ethicists, and other HEC committee members. Topics addressed include essays, policy analysis, case review, health law alert, and network news.

Ordering Information:

The Offices of Springer New York
 233 Spring Street
 New York, NY 10013

Phone: (212) 460-1500

1-800-SPRINGER

Fax: (212) 460-1575

E-Mail: service@springer-ny.com

Website: www.springeronline.com

Journal of Law, Medicine & Ethics

Editorial Information: Edward Hutchinson, Managing Editor

Issues: Published quarterly

Description: The JLME provides articles on health care quality and access, managed care, pain relief, genetics, child/maternal health, reproductive health, informed consent, assisted dying, ethics committees, HIV/AIDS, and public health. Issues address policy developments, health law court decisions, and book reviews.

Ordering Information:

The American Society of Law,
 Medicine & Ethics
 765 Commonwealth Avenue
 Suite 1634

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Professional Development for the Geriatric Care Manager

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Boston, MA 02215
Phone: (617) 262-4990
Fax: (617) 437.7596
Website: www.aslme.org

Kennedy Institute of Ethics Journal

Editorial Information: Carol Mason Spicer, Editor and Robert M. Veatch, Senior Editor

Issues: Published quarterly

Description: *The Kennedy Institute of Ethics Journal* discusses major issues in bioethics, including principlism, feminist perspectives in bioethics, the work of the Advisory Committee on Human Radiation Experiments, euthanasia, genetics, health care reform, and organ transplantation.

Ordering Information:
The Johns Hopkins University Press
2715 North Charles Street
Baltimore, MD 21218-4363
Phone: 1-800-548-1784
Outside the U.S. and Canada call
(410)-516-6987
Fax: (410) 516-6968
Website: www.press.jhu.edu/journals/index.html

The Journal of Legal Medicine

Editorial Information: Marshall B. Kapp, J.D., M.P.H., Southern Illinois University School of Law, Editor

Issues: Published quarterly

Description: *The Journal of Legal Medicine* is the official publication of the American College of Legal Medicine. The journal addresses legal medicine, health law and policy, professional liability, hospital law, food and drug law, medical legal research and education, the history of legal medicine, and other related topics.

Ordering Information:
Customer Services for Taylor & Francis Group Journals
325 Chestnut Street
Suite 800

Philadelphia, PA 19106
Phone: 1-800-354-1420
Fax: 1-215-625-8914
Website:
www.taylorandfrancisgroup.com

Yale Journal of Health Policy, Law, and Ethics

Editorial Information: Samantha Chaifetz & Brianne Gorod, Editors in Chief

Issues: Published biannually available in both print and electronic formats

Description: The *Yale Journal of Health Policy, Law, and Ethics* provides an interdisciplinary discussion of health policy, law, and biomedical ethics. Each issue contains articles, commentaries, book reviews, case studies, and student submissions.

Ordering Information:
Yale Journal of Health Policy, Law, and Ethics
P.O. Box 208215
New Haven, CT 06520-8215
(203) 436-0774
E-Mail: yjhple@yale.edu
Website: www.yale.edu/yjhple/index.html

Ethics and Legal: Audiovisual Resources

Medical Audio Visual Communications, Inc.

Medical Audio Visual Communications Inc. distributes Videos, DVD's, CD ROM's and Online Courses. They provide over 25 nursing focused multimedia productions on legal issues in healthcare.

Phone: 1-800-757-4868
Local Phone: (416) 538-9898
Fax: (416) 538-7166
E-Mail sales@mavc.com
Website: www.mavc.com

Films for the Humanities and Sciences

Films for the Humanities and Sciences provides over 7,000 films, video disc, and CD ROM educational programs. Offerings are used in colleges,

libraries, and schools. Health and Wellness, and Psychology and Mental Health are extensively covered.

Films for the Humanities and Sciences
PO Box 2053
Princeton, NJ 08543-2053
Phone: 1-800-257-5126
Fax: (609) 671-0266
E-Mail: custserv@films.com
Website: www.films.com

Ethics: Agencies and Organizations

Codes of ethics for specific professions can be found through contacting any of the following agencies and organizations:

American Nurses Association (ANA)

The ANA, a national association of registered nurses, serves as an advocate for nursing practitioners in addition to sponsoring research and continuing education. Contact the Association for *Facts About Nursing* and other publications. ANA also sets standards for the practice of gerontological nursing.

American Nurses Association (ANA)
600 Maryland Avenue, SW
Suite 100W
Washington, DC 20024-2571
Phone: 1-800-274-4262 (toll-free)
(202) 554-4444
Website: www.nursingworld.org

National Association of Social Workers (NASW)

NASW is a membership organization promoting, advocating, developing, and protecting social workers and the practice of social work. Contact NASW for referrals to counseling resources, specialists, and information about social work, and information from the members section focusing on aging issues and health care.

National Association of Social Workers (NASW)
750 First Street, NE, Suite 700
Washington, DC 20002-4241
Phone: 1-800-638-8799 (toll-free)
(202) 408-8600
Fax: (202) 336-8310

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Professional Development for the Geriatric Care Manager

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E-Mail: info@naswdc.org
Website: www.naswdc.org

National Association of Professional Geriatric Care Managers (GCM)

GCM is a nonprofit organization representing the interests of elder care practitioners and advocating for older adults' independence, autonomy, and quality of health care. Contact GCM for resources, referrals to local Association chapters, and information on counseling and treatment programs. Publications and referrals to professional care managers are available through their website.

National Association of Professional Geriatric Care Managers (GCM)
1604 North Country Club Road
Tucson, AZ 85716-3102
Phone: (520) 881-8008
Fax: (520) 325-7925
E-Mail: info@caremanager.org
Website: www.caremanager.org

American Occupational Therapy Association, Inc. (AOTA)

AOTA offers information on the role of occupational therapy in promoting functional independence, preventing disability, and maintaining health. Contact AOTA for referrals to local practitioners and therapy programs. The Association publishes two periodicals, *OT Practice* and the *American Journal of Occupational Therapy*, as well as many books for educators.

American Occupational Therapy Association, Inc. (AOTA)
4720 Montgomery Lane
PO Box 31220
Bethesda, MD 20824-1220
Phone: 1-800-729-2682
(for association members)
(301) 652-2682
TTY: 1-800-377-8555 (toll-free)
Website: www.aota.org

American Physical Therapy Association (APTA)

APTA is an organization of physical therapists providing referrals to APTA geriatric-certified therapists and information on debilitating ailments like arthritis, stroke, scoliosis, and sudden onset of illness. APTA's section on geriatrics offers publications on topics such as osteoporosis; incontinence; neck pain; carpal tunnel syndrome; hip, knee, or shoulder care; and the services physical therapists can offer older adults.

American Physical Therapy Association (APTA)
1111 North Fairfax Street
Alexandria, VA 22314
Phone: 1-800-999-2782, ext. 3395 (toll-free)
(703) 684-2782
Fax: (703) 706-8578
Website: www.apta.org

Legal: Agencies and Organizations

National Bar Association (NBA)

The NBA uses its national membership, statewide minority bar programs, minority law students, minority bar group alliances, and private attorneys, to form links with community groups providing legal assistance to low-income/minority older adults.

National Bar Association (NBA)
1225 11th Street, NW
Washington, DC 20001
Phone: (202) 842-3900
Fax: (202) 289-6170
Website: www.nationalbar.org

American Bar Association's Commission on Law and Aging

The American Bar Association's Commission on Law and Aging is comprised of fifteen interdisciplinary members, each one an expert in aging and the law. Their website provides online books and guides for consumers and professionals, legislative updates, and policy briefs.

Commission on Law and Aging
American Bar Association
740 15th Street, NW
Washington, DC 20005-1022
Phone: (202) 662-8690
Fax: (202) 662-8698
E-Mail: abaaging@abanet.org
Website: www.abanet.org/aging

National Academy of Elder Law Attorneys, Inc. (NAELA)

NAELA is a nonprofit association assisting lawyers, bar associations, and others who work with older people and their families. Contact NAELA for information on lawyers specializing in issues pertinent to older adults, legal information, assistance, and education. A list of publications is also available.

National Academy of Elder Law Attorneys, Inc. (NAELA)
1604 North Country Club Road
Tucson, AZ 85716
Phone: (520) 881-4005
Fax: (520) 325-7925
Website: www.naela.org

Legal Counsel for the Elderly (LCE)

The LCE, part of AARP, works to expand the availability of legal services to older adults and to enhance the quality of those services. The National Volunteer Lawyers Project matches legal cases affecting large numbers of older people with volunteer law firms. The Senior Lawyers Project tests ways retired lawyers can provide free legal services to older people in need. The National Elder Law Studies Program provides individual home study courses as well as a paralegal certificate from the Department of Agriculture Graduate School. Publications are available.

Legal Counsel for the Elderly (LCE)
American Association of Retired Persons (AARP)
601 E Street, NW
Washington, DC 20049
Phone: (202) 434-2120
TTY: (202) 434-6562
Fax: (202) 434-6464
Website: www.aarp.org/lce/

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Legal Services Corporation (LSC)

Legal Services Corporation is a nonprofit organization created to provide access to legal services for at risk populations. The legal services corporation provides an online national directory of free legal service providers for low income individuals

Legal Services Corporation
3333 K Street, NW, 3rd Floor
Washington, DC 20007-3522
Phone: (202) 295-1500
Fax: (202) 337-6797
E-Mail: info@lsc.gov
Website: www.lsc.gov

Grant Opportunities and Research for the Geriatric Care Manager

Support your practice by staying informed about current aging statistics, trends, and state specific information. As a professional geriatric care manager, you may be called upon to present a workshop, write a paper, or give information about aging to a member of the press at any time. You will also want to have the most current information available should you seek federal or state program and research funding. Information about evaluation method and measurement design will help your practice stay outcomes focused and empirically based.

Locating Grant Opportunities

Grants.gov

Grants.gov provides a simple, unified electronic data base between grant applicants and the federal agencies that manage grant funds. Search by funding type, keyword, agency, and more.

Grants.gov Program Management Office
200 Independence Avenue, SW
HHH Building, Room 739F
Washington, DC 20201
Phone: 1-800-518-4726
Website: <http://grants.gov>

The Catalog of Federal Domestic Assistance (CFDA)

The online Catalog of Federal Domestic Assistance gives you access to a database of all federal programs available to State and local governments (including the District of Columbia), federally-recognized Indian tribal governments, Territories (and possessions) of the United States, organizations and institutions, specialized groups, and individuals.

Address: www.cfda.gov

The Federal Register

The Federal Register is the official daily publication for rules, proposed rules, and notices of federal agencies and organizations, as well as executive orders and other presidential documents. Request for Proposals (RFP's) are often printed here.

Address: www.gpoaccess.gov/fr/index.html

Selected Direct Federal Funding Agencies

National Institute on Aging (NIA), National Institutes of Health

NIA, part of NIH, conducts and supports biomedical, social, and behavioral research on aging processes, disease, and the special problems and needs of older people

National Institute on Aging
Building 31, Room 5C27
31 Center Drive, MSC 2292
Bethesda, MD 20892
Phone: 1-800-222-2225 (toll-free NIA Information Center (NIAIC) (301) 496-1752
TTY: 1-800-222-4225 (toll-free NIAIC)
Fax: (301) 589-3014 (NIAIC)
Website: www.nia.nih.gov

National Institute of Environmental Health Sciences (NIEHS), National Institutes of Health

NIEHS, part of NIH, conducts and supports research on potential environmental contributors to human illnesses and dysfunction, including asthma, Alzheimer's, bronchitis, cancer, lead poisoning, Parkinson's and other chronic diseases.

NIEHS
PO Box 12233
Research Triangle Park, NC 27709
Phone: (919) 541-3345
Website: www.niehs.nih.gov

National Institute of Mental Health (NIMH), National Institutes of Health

The NIMH, part of NIH, conducts and supports mental health research including mental disorders of aging.

National Institute of Mental Health (NIMH)
Office of Communications
6001 Executive Boulevard,
Room 8184 MSC 9663
Bethesda, MD 20892-9663
Phone: 1-800-421-4211 (toll-free) (301) 443-4513
TTY: (301) 443-8431
Fax: (301) 443-4279
E-Mail: nimhinfo@nih.gov
Website: www.nimh.nih.gov

National Institute of Nursing Research (NINR), Office of Science Policy and Public Liaison, National Institutes of Health

NINR, part of NIH, conducts and supports basic and clinical research to establish a scientific basis for the care of individuals across the life span.

NINR
31 Center Drive
Building 31, Room 5B10
Bethesda, MD 20892-2178
Phone: (301) 496-0207
Fax: (301) 480-8845
Website: www.nih.gov/ninr

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Professional Development for the Geriatric Care Manager

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Research: Books, Reports and Web Publications

Berg, B. L. *Qualitative research methods for the social sciences* (5th ed.). Boston: Allyn and Bacon, 2004.

Burns, N., & Grove, S. K. *Understanding nursing research* (3rd ed.). Philadelphia, PA: Saunders, 2003.

Herd, G., & de Vries, B. (Eds.). *Gay and lesbian aging: Research and future directions*. New York: Springer Pub. Co., 2004.

deMarrais, K., & Lapan, S. D. (Eds.). *Foundations for research: Methods of inquiry in education and the social sciences*. Mahwah: L. Erlbaum Associates, 2004.

Munro, B. H. *Statistical methods for health care research* (5th ed.). Philadelphia: Lippincott Williams & Wilkins, 2005.

Nussbaum, J. F., & Coupland, J. (Eds.). *Handbook of communication and aging research* (2nd ed.). Mahwah: Lawrence Erlbaum Associates, 2004.

Polit, D. F., & Beck, C. T. *Nursing research: Principles and methods* (7th ed.). Philadelphia: Lippincott Williams & Wilkins, 2004.

Research: Selected Journals

Journal of Nursing Measurement

Editorial Information: Ora L. Strickland, PhD, RN, FAAN; Ada Sue Hinshaw, PhD, RN, FAAN; & Colleen K. Dilorio, PhD, RN, FAAN, Editors

Issues: Published quarterly

Description: The *Journal of Nursing Measurement* presents articles on instrumentation, design, tools, and assessment methods in nursing.

Ordering Information: Springer Publishing Company

11 West 42nd Street
New York, NY 10036
Phone: (877) 687-7476
Website: www.springerpub.com

Journal of Social Service Research

Editorial Information: Curtis McMillen, PhD, Editor

Issues: Published quarterly

Description: The *Journal of Social Service Research* attends to the implications of empirical research and the design, delivery, and management of social service programs.

Ordering Information: The Haworth Press Inc. 10 Alice St. Binghamton, NY 13904
Phone: 1-800-429-6784 (US/Canada) (607) 722-5857 (Outside US/Canada)
Fax: 1-800-895-0582 (US/Canada) (607) 771-0012 (Outside US/Canada)
Website: www.haworthpressinc.com

Research on Social Work Practice

Editorial Information: Toni Tripodi, DSW & Miriam Potocky-Tripodi, PhD, Editors

Issues: Published quarterly

Description: *Research on Social Work Practice* focuses on empirical practice methods and evaluation in social work. Journal issues report on outcome studies, assessment methods, scholarly reviews, and book reviews.

Ordering Information: Sage Publications 2455 Teller Road Thousand Oaks, CA 91320
Fax: (805) 499-0871 or 800-583-2665
Phone: (805) 499-9774 or 800-818-7243
Website: www.sagepub.com

Qualitative Social Work

Editorial Information: Roy Ruckdeschel & Ian Shaw, Editors

Issues: Published quarterly

Description: This journal focuses on the rich data collection used by many social worker researchers and practitioners. Issues include technical applications, teaching implica-

tions, and new voices.

Ordering Information: Sage Publications 2455 Teller Road Thousand Oaks, CA 91320
Fax: (805) 499-0871 or 800-583-2665
Phone: (805) 499-9774 or 800-818-7243
Website: www.sagepub.com

Research and Theory for Nursing Practice

Editorial Information: Shaké Ketefian, EdD, RN, FAAN, Editor

Issues: Published quarterly

Description: This journal provides articles that focus on nursing theory, research, and practice implications reflecting scholarly works and thinking of the international community.

Ordering Information: Springer Publishing Company 11 West 42nd Street, New York, NY 10036
Phone: 1-877-687-7476
Website: www.springerpub.com

Selected Research and Statistical Information Resources

Census Bureau

The Census Bureau, part of the federal government, collects data about the people and economy of the US. Contact the Census Bureau for age-related data and statistics about the older populations in the United States.

Special Populations Branch
FB3 Room 2384
Washington, DC 20233
Phone: (301) 457-2378
Fax: (301) 457-6634
Website: www.census.gov

Centers for Medicare & Medicaid Services (CMS) for Researchers

The Centers for Medicare & Medicaid Services (CMS) offers interested parties access to publications and data about consumers of Medicaid and Medicare services, nationwide health statistics, program administration, and funded projects.

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CMS

7500 Security Boulevard,
Baltimore, MD 21244-1850
Phone: 1-877-267-2323
Website: www.cms.hhs.gov/researchers/

National Center for Health Statistics (NCHS)

NCHS is the federal agency that monitors and compiles information on the nation's health. NCHS statistical programs on aging collect information on the health of older people, their lifestyles, exposure to unhealthy influences, diagnosis and age of onset for illnesses or disabilities, and patterns of health care service use. Contact NCHS for reports on trends in health and aging.

NCHS

Centers for Disease Control and Prevention (CDC)
6525 Belcrest Road
Hyattsville, MD 20782-2003
Phone: (301) 458-4636
Website: www.cdc.gov/nchs/

National Library of Medicine (NLM), National Institutes of Health

NLM, part of NIH, is the world's largest medical library. The collection can be consulted in the reading room or requested on interlibrary loan. NLM offers nationwide access to information through the National Network of Libraries of Medicine. The MEDLINE database is available via the worldwide web. MEDLINEplus links the public to many sources of consumer health information.

NLM

National Institutes of Health (NIH)
Bethesda, MD 20894
Phone: 1-888-FIND-NLM (346-3656) (toll-free)
(301) 496-6308
Fax: (301) 496-4450

E-Mail: custserv@nlm.nih.gov
Website: www.nlm.nih.gov
(MEDLINE)
www.nlm.nih.gov/medlineplus
(MEDLINEplus)
www.clinicaltrials.gov (Clinical Trials Database)

Science Direct

Science Direct is an online database of science, technology, and medicine science and full text bibliographic information. Some information is available for full text viewing online.

United States and Canada:
Elsevier Regional Sales Office
Customer Support Department
P.O. Box 945
New York, NY 10159-0945 USA
Phone: 1-888-615-4500 (+1 212 462 1978 outside the USA and Canada)
Fax: (212)-633-3680
E-Mail: usinfo@sciencedirect.com
Website: www.sciencedirect.com/

The Library of Congress (LOC)

The Library of Congress provides the free national library service for the blind and physically handicapped as well as housing over 12 million books, recordings, manuscripts, and other information materials. An online searchable database of library holdings is available. Although full text is not available, many books may be available in your local library.

The Library of Congress
101 Independence Ave, SE
Washington, DC 20540
General Information:
Phone: (202) 707-5000
Website: www.loc.gov

Test Link

ETS Test collection was established to make information on standardized tests and research instruments available to researchers, graduate students, teachers and other interested parties.

Educational Testing Service
Brigham Library MS-30B
Rosedale Road
Princeton, NJ 08541
Phone: (609) 734-5689.
E-Mail: internet_brigham@ets.org
Website: www.ets.org/testcoll/index.html

The Rural Assistance Center (RAC)

The Rural Assistance Center (RAC) is a new national resource on rural health and human services information.

Rural Assistance Center
University of North Dakota
PO Box 9037
Grand Forks, ND 58202
Phone: 1-800-270-1898
Fax: 1-800-270-1913
E-Mail: info@raconline.org
Website: www.raconline.org

American Geriatrics Society (AGS)

AGS is a nonprofit organization of physicians and health care professionals supporting the study of geriatrics.

AGS
350 Fifth Avenue
New York, NY 10118
Phone: (212) 308-1414
Fax: (212) 832-8646
E-Mail:
info.amger@americangeriatrics.org
Website: www.americangeriatrics.org

American Federation for Aging Research (AFAR)

AFAR is a nonprofit organization dedicated to supporting basic aging research and geriatric medicine. AFAR funds a wide variety of cutting-edge research on the aging process and age-related diseases.

AFAR
1414 Sixth Avenue, 18th Floor
New York, NY 10019
Phone: (212) 752-2327
Fax: (212) 832-2298
E-Mail: amfedaging@aol.com
Website: www.afar.org

American Society on Aging (ASA)

ASA is a nonprofit organization providing information about medical and social practice, research, and policy pertinent to the health of older people.

ASA
833 Market Street, Suite 511
San Francisco, CA 94103
Phone: 1-800-537-9728 (toll-free)
(415) 974-9600
Fax: (415) 974-0300
E-Mail: info@asaging.org
Website: www.asaging.org

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Gerontological Society of America (GSA)

GSA is a professional organization providing information, advocacy, and support for research into the study of aging. GSA has a database of information on biological and social aspects of aging, links to aging information resources, and referrals to researchers and specialists in gerontology.

GSA

1030 15th Street, NW, Suite 250

Washington, DC 20005-1503

Phone: (202) 842-1275

Fax: (202) 842-1150

E-Mail: geron@geron.org

Website: www.geron.org



**National Association of Professional
Geriatric Care Managers**

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Tucson, AZ 85716-3102*

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